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# MALAYSIA AGEING AND RETIREMENT SURVEY 1<sup>ST</sup> WAVE 2018

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#### **Remarks (For Interviewer)**

No	Date of Interview	Length	Start time	End time

Name of Interviewer:	
Field Supervisor:	

#### SC<sub>1</sub>

#### **Interviewer Checkpoint**

- ENSURE you are talking to the respondent
- ENSURE Age at Date of Birth must be at least 40 years

ease select your language  1 English GO TO Confide 2 Malay GO TO Confide 3 Chinese/ Mandarin GO TO Confide
2 Malay GO TO Confide
•
3 Chinese/ Mandarin GO TO Confide
o chinese, mandanii
4 Tamil GO TO Confide
97 Other - Specify (Local
dialects e.g. Iban,
Kadazan, Hokkien,
Cantonese, etc.)
DK Don't Know GO TO Confide
RF Refused GO TO Confide

#### Confidentiality

Good morning/afternoon, my name is\_\_\_\_\_\_\_, and I work for the Social Wellbeing Research Centre (SWRC), formerly known as SSRC, University of Malaya (SHOW ID). We are conducting a nationwide study about issues related to ageing, health and retirement (SHOW LETTER). This address was selected as part of the study's sample, and I may need to interview one or more persons here. This interview is completely voluntary. If we should come to any question that you don't want to answer, just let me know and I will go on to the next question. We assure that your answers will be treated strictly confidential and no more will be able to identify you in any way from the report of this study.

1 Select '1' to continue

#### A101RName

Could you please confirm your full name?

#### A101RSex

#### **Interviewer Checkpoint**

Is the respondent male or female?

1 Male 5 Female DK Don't Know RF Refused

#### A101RDOB

What is your date of birth?

## DD/MM/YYYY ENTER day

1 - 31

#### A101RMonth

(What is your date of birth?)

### DD/MM/YYYY ENTER month

January

February

March

April

May

June

July

August

September

October

November

December

DK Don't Know RF Refused EMPTY Empty

#### A101RYear

(What is your date of birth?)

DD/MM/YYYY ENTER year

1900 - 2019

## xCalculatedAge

#### A101Alone

I have some questions about the members of your household. Is there anyone else who lives with you in this house?

1	Yes	
5	No	GO TO SectionStatus.SecEnd
DK	Don't Know	GO TO SectionStatus.SecEnd
RF	Refused	GO TO SectionStatus.SecEnd

#### **A101HH**

Excluding you, how many people live in this house? Please include those who have lived at this location most of the time for the past 12 months or living apart temporarily.

IF A101Alone = Yes

True

False GO TO SecParticipation.SecStart

A101: Make a complete list of individuals in the family starting with the respondent.

(IWER: Please include those who have lived at this location most of the time for the past 12 months or living apart temporarily. Please tick (/) in the appropriate columns.)

No.	A101HName	A101Sex	A101HDOB	A101Age	ge A101HRelatio											
	Can you tell me their names?  ◆ ENTER first name only ◆ IF R refuse to give names, can use alias names	Is [HH First Name] male or female? 1. Male 5. Female	What is [HH First Name]'s date of birth? DD/MM/YYYY	Age (Year 2018)	What is [HH First Name]'s relationship to you?  1. Ownself 2. Spouse 3. Parent/ Parent in-law/ Adopted Parent/ Step Parent 4. Son /Step Son / Adopted Son 5. Daughter /Step Daughter / Adopted Daughter 6. Sibling 7. Grandchild 8. Grandparent 9. Domestic Maid 10. Other relative 11. Son-in-law 12. Daughter-in-law 15. Other (Specify) 16. Don't Know 17. Refused											
		1 5			1 2	2 3	4	5	6	7	8	9	10	11	12	97 Specify:
1																
2																
3																
4																
5																
6																

No.	A101HName  Can you tell me their names?  • ENTER first name only • IF R refuse to give names, can use alias names	A101S Is [HH Name] or fem 1. Male 5. Fem	First   male ale? e	A101HDOB What is [HH First Name]'s date of birth? DD/MM/YYYY	A101Age  Age (Year 2018)	Wh  1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 97. DK	What is [HH First Name]'s relationship to you?  1. Ownself 2. Spouse 3. Parent/ Parent in-law/ Adopted Parent/ Step Parent 4. Son /Step Son / Adopted Son 5. Daughter /Step Daughter / Adopted Daughter 6. Sibling 7. Grandchild 8. Grandparent 9. Domestic Maid 10. Other relative 11. Son-in-law 12. Daughter-in-law 97. Other (Specify) DK Don't Know RF Refused											
		1	5			1 2 3 4 5 6 7 8 9 10 11 12 97 Specify:												
7																		
8																		
9																		
10																		

#### ConfScreen

- ♦ If any of this information is incorrect, please click on the name on the left to go back and change it.
- ♦ If the information is correct, select "1" to continue
- ♦ Once you select "1" to continue on this screen you will no longer be able to add or to edit this list
- ♦ Select "1" to continue
- 1 Continue GO TO SectionStatus

Section Participation
SecStart
Are you ^pName?
<ul><li>Yes</li><li>No, I am another household member</li><li>No, I am the interviewer</li></ul>
PSR3
Are you willing and able to do the survey?
<ul><li>○ 1. Yes</li><li>○ 5. No</li><li>DK Don't Know</li><li>RF Refused</li></ul>
PSR4
Can you please confirm your full name?
PSR5
Are you refusing to participate on behalf of respondent?
<ul><li>○ 1. Yes</li><li>○ 5. No</li><li>○ DK Don't Know</li><li>○ RF Refused</li></ul>
PSR6_1[1]
Was the respondent refusal to participate related to the following topics?  ◆ ENTER all that apply
• For multiple responses, use [space] or [-] to separate responses
☐ Time of burden ☐ Lack of interest
☐ Confidentiality
Personal or sensitive questions
☐ Purpose of study
☐ Government
☐ "Why me"
☐ Surveys are voluntary ☐ Incentive insufficient
Health/ Age (Too sick/too old)
☐ Interview length
Positive statements only
No statements given
☐ 97. Other - Specify

#### **Section A: Background Information** A200b Were you born in Malaysia? 1 Yes Go to A201a 5 No Go to A201c A201\_a In which state were you born? State: A201\_b In which district were you born? District: A201\_c (In which district were you born?) A201\_d In which country were you born? Country: A202 What is your ethnicity? O 1. Malay O 2. Chinese O 3. Indian 97. Others Ethnicity - Specify: \_\_\_\_\_ A203 What is your religion? O 1. Islam O 2. Hindu 3. Christian O 4. Buddhist 97. Other religion – Specify: A204 What is your marital status? 1. Never married O 2. Married 3. Widowed – since what year: \_\_\_\_\_ 4. Divorced/ Separated – since what year: \_\_\_\_\_\_ O DK Don't Know O RF Refused A205 What is the highest level of education? 1. No Schooling 6. Upper secondary (Form 4-5) 2. Kindergarten/ Nursing 7. Vocational / Technical 3. Religious education 8. Pre-U / Diploma/ Form 6 4. Primary school (Standard 1-6) 9. First Degree 5. Lower secondary (Form 1-3)

A206 What is the language you used most at home? Please state only one.
<ul> <li>1. Malay</li> <li>2. English</li> <li>3. Tamil</li> <li>4. Mandarin</li> <li>5. Other Chinese Dialect (e.g. Hokkien, Cantonese, etc.):</li> <li>97. Others – Specify (Local dialects e.g. Iban, Kadazan, etc.):</li> <li>DK Don't Know</li> <li>RF Refused</li> </ul>
A207 What is your native language? Please state only one.
<ul> <li>1. Malay</li> <li>2. English</li> <li>3. Tamil</li> <li>4. Mandarin</li> <li>5. Other Chinese Dialect (e.g. Hokkien, Cantonese, etc.):</li> <li>97. Others – Specify (Local dialects e.g. Iban, Kadazan, etc.):</li> <li>DK Don't Know</li> <li>RF Refused</li> </ul>
A208 How well do you speak your native language?
<ul><li>1. Not at all fluent</li><li>2. Not fluent</li><li>3. Moderate</li><li>4. Fluent</li></ul>
A209 How proficient are you in writing in your native language?  1. Not proficient at all 2. Not proficient 3. Moderate 4. Proficient

#### SECTION B1: FAMILY SUPPORT AND TRANSFER - CHILDREN

#### Parallel Block Assignment - If A101Relation\_1 =2, Skip to B104 (Spouse of R); If A101Relation\_1 ≠2, Go to B101

No	B102a NAME	B102b	B102c	B102d	B102e	B102f	B102g	B102i
	Please tell me the first name of your living children, including step children and adopted children, starting with the eldest child.  If R refuses to give name, can use alias names.	How old ^B102a  Age of Children in current year  DK ALLOWED	Is ^B102a male or female?  1. Male 5. Female DK Don't know RF Refused	Relationship with the child  1. Child from current spouse 2. Child from ex-spouse 3. Step Child 4. Adopted child	Highest level of education  1. No schooling 2. Kindergarten/ Nursing 3. Religious education 4. Primary school (Standard 1-6) 5. Lower secondary (Form 1-3) 6. Upper secondary (Form 4-5) 7. Vocational/ Technical 8. Pre-U/ Diploma/ Form 6 9. First Degree 10. Postgraduate/ Equivalent Qualification DK Don't know RF Refused	<ol> <li>Working status</li> <li>Still In School/College</li> <li>Working full time</li> <li>Working part time/ non-permanent.</li> <li>Self-employed</li> <li>Unemployed (seeking employment)</li> <li>Unemployed (not seeking employment)</li> <li>Housewife/ Househusband</li> <li>Retired</li> <li>Other - Specify:</li> </ol> DK Don't Know RF Refused	Marital status  1. Never married 2. Married 3. Widowed 4. Divorced/ Separated DK Don't know RF Refused	Including step children and adopted children, how many children does ^B102a have?  • ENTER 0 if don't have any children
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								

B101 Including step child and adopted child, how many living children do you have?

Where does [NAME] live?

B103a

No.

[Name]

• ENTER '0' if don't have any living children Number of child:

B103b

<u>IF B103a = 1</u>

B102 Please complete the following table which relates to information of your children

If n=0, go to B201 B103c B103d B103e <u>IF B103a = 1</u> IF B103a = 2,3,4IF B103a = 2,3,4

	1. Live with respondent 2. Live close by (within 5km) 3. Live elsewhere/ abroad DK Don't Know  IF ANSWER IS 1, GO TO B103b  IF ELSE, GO TO B103d	Did this child move to live with you, you moved to live with this child, you and this child moved to live together or this child has always lived with you?  1. This child moved to live with you  2. You moved to live with this child  3. You and this child moved to live together  4. This child has always lived with you.	Why did your child live together?  1. To support this child 2. To support you 3. To support each other	In the last 12 months, how often did you meet this child in person?  NO NEED to read categories but can probe  Daily Several times a week Several times a month Lat least 4 times a year Less than 4 times a year Have not met in the last 1 year	In the last 12 months, how often have you had contact with this child, either by phone or email?  NO NEED to read categories but can probe  1. Daily 2. Several times a week 3. Several times a month 4. At least 4 times a year 5. Less than 4 times a year 6. Have no contact in the last 1 year
1		,			
2					
3					
4					
5					
6					
7					
8					
9					
10					

#### B104 Family support and transfer – Child to R

Now I would like to ask you about the support you have <u>received</u> from your children.

Excluding any shared living cost such as rent, utility and/or food (in case of living together), did you receive any kind of support, either financial/non-monetary support, from ^B102a in the last 12 months?

(	1. Yes	IF YES, AN	SWER B104a	C	5. No <u>IF NO, SKIP TO B105</u>		
No	[Name]	B104a  Did you receive any financial support from this child?  1. Yes  IF YES, GO TO B104b  5. No  IF NO, SKIP TO B104d	B104b_1  If yes, how much did you receive?  • ENTER CTRL+R if R refused to reveal any giving/ receiving amount.	B104b_2 RM by 1. Month IF ANSWER IS 1, SKIP TO B104d 2 Year IF ANSWER IS 2, GO TO B104c	If you occasionally receive financial support, in which situation would you receive support from this child?  NO NEED to read categories but can probe ENTER all that apply For multiple responses, use [space] or [-] to separate responses  When sick and needed to pay for medical fee Unemployed/ No income When could not make end meet Special occasions (e.g. birthday, Eid, New Year, etc.)  Tother - Specify (e.g. contribution during visit, etc.)	B104d Did you receive non-monetary support from this child? 1. Yes  IF YES, GO TO B104e  5. No  IF NO, SKIP TO B105  DK Don't Know RF Refused	What kind of non-monetary support did you receive from this child?  • NO NEED to read categories but can probe • ENTER all that apply • For multiple responses, use [space] or [-] to separate responses  1. Clothes/ Household items  2. Medication/ Supplement (e.g. vitamins)  3. Appliances  4. Food/ Groceries  5. Help with housework or look after your house  6. Take you on a trip  7. Advice/ keep you company  97. Other - Specify
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

#### B105 Family Transfer – R to Child

Now I want to ask about the support you have given to your child.

Excluding any shared living cost such as rent, utility and/or food (in case of living together), did you give any kind of support either financial/non-monetary to [Childname] in the last 12 months?

$\circ$	1. Yes	IF YES, ANSWE	ER B105a				
0	5. No	IF NO, SKIP T	O B201				
No	[Name]	B105a  Did you give any financial support to this child?  1. Yes  IF YES, GO TO B105b_1  5. No  IF NO, SKIP TO B105d  DK Don't Know RF Refused	B105b_1  If yes, how much did you give?  ◆ ENTER CTRL+R if R refused to reveal any giving/ receiving amount.	B105b_2 RM by 1. Month IF ANSWER IS 1, SKIP TO B105d 2. Year IF ANSWER IS 2, GO TO B105c	If you occasionally gave financial support, in which situation would you give support to the child?  ◆ NO NEED to read categories but can probe  ◆ ENTER all that apply  ◆ For multiple responses, use [space] or [-] to separate responses  1. When sick and needed to pay for medical fee  2. Still Studying (School/University) //Unemployed/ No income  3. When could not make end meet  4. Special occasions (e.g. birthday, Eid, New Year, etc.)  97 Other - Specify (e.g. contribution during visit, support grandchildren, etc.)	B105d Did you give non- monetary support to this child? 1. Yes  IF YES, GO TO B105e  5. No  IF NO, SKIP TO B201  DK Don't Know RF Refused	What kind of non-monetary support did you give to this child?  ◆ NO NEED to read categories but can probe  ◆ ENTER all that apply  ◆ For multiple responses, use [space] or [-] to separate responses  1. Taking care of his/her children 2. Clothing / Household items 3. Medication/ Supplement (e.g. vitamins) 4. Appliances 5. Food/ Groceries 6. Help with housework or look after his/her house 7. Take him/her on a trip 8. Advice/ keep him/her company 97 Other - Specify:
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

#### **SECTION B2: FAMILY SUPPORT AND TRANSFER - PARENTS**

Sec. Start Next, I would like to ask you some	information about	your parents.		
O 1. Continue				
		PROCEED TO B20 TO B205	<u>01</u>	
B201[1] Which of your parents, including your father-in-law and mother-in-law, are still alive?  ◆ ENTER all that apply  ◆ For multiple responses, use [space] or  [-] to separate responses	○ Father	O Mother	O Father-in-law	O Mother-i
B202a Name of [PARENT]				
B202b Age  • Age of Parent in current year				

<ul> <li>★ ENTER all that apply</li> <li>★ For multiple responses, use [space] or [-] to separate responses</li> </ul>	○ Father	O Mother	O Father-in-law	O Mother-in-law
B202a Name of [PARENT]				
B202b Age  ◆ Age of Parent in current year				
B202c Marital Status 1. Married and live together 2. Married but do not live together 3. Widowed 4. Divorced/ separated DK Don't Know RF Refused				
B202d Living arrangement with R  1. Live with respondent → SKIP TO B203 2. Live close by (within 5km) 3. Live elsewhere/ abroad 4. Nursing facility				
SKIP POINT: IF B202d IS 1, SKIP TO B203, IF ELSE, PROCEED TO B202e  B202e_1 For the last 12 months, with whom does [PName] live with the most?  1. Live by spouse/ himself/ herself 2. Live with other children 3. Live with relatives 4. Other – Specify (e.g. friends, neighbours, etc.)				

	Father	Mother	Father- in-law	Mother- in-law
B202f How close is [PName]'s residence to you? (If travel by car). 1. Less than 1 hour 2. 1 to less than 2 hours 3. 2 to less than 3 hours 4. At least 3 hours				
B202g In the last 12 months, how often did you meet [PName] in person? 1. Daily 2. Several times a week 3. Several times a month 4. At least 4 times a year 5. Less than 4 times a year 6. Have not met in the last 1 year				
B202h In the last 12 months, how often have you had contact with [PName], either by phone or email? 1. Daily 2. Several times a week 3. Several times a month 4. At least 4 times a year 5. Less than 4 times a year 6. Have no contact in the last 1 year				

#### B203 Family support and transfer - Parents to R

Now I want to ask you the support you have <u>received</u> from your parent.

Excluding any shared living cost such as rent, utility and/or food (in case of living together), did you receive any kind of support, either financial or non-monetary support, from [PName] in the last 12 months?

0	1. Yes	IF YES, ANSWER B203a
$\bigcirc$	5. No	IF NO, SKIP TO B204
DK D	on't Know	RF Refused

IDADENTI		Ranah	Danah a	P2020	Banad	P2020
[PARENT]	In the last 12 months, did you receive any financial support from [PName]?  1. Yes  IF YES, GO TO B203b  5. No  IF NO, SKIP TO B203d  DK Don't Know RF Refused	How much did you receive?  ◆ ENTER CTRL+R if R refused to reveal any giving/ receiving amount.	1. <b>Month</b>	If you occasionally receive financial support, in which situation would you receive support from [PName]?  ◆ NO NEED to read categories but can probe  ◆ ENTER all that apply  ◆ For multiple responses, use [space] or [-] to separate responses  1. When sick and needed to pay for medical fee  2. Unemployed / no income  3. When could not make end meet  4. Special occasions (e.g. birthday, Eid, New Year, etc.)  97. Other - Specify (e.g. contribution during visit, support grandchildren, etc.	In the last 12 months, did you receive non-monetary support from [PName]?  1. Yes  IF YES, GO TO B203e  5. No  IF NO, SKIP TO B204  DK Don't Know RF Refused	What kind of non-monetary support did you receive from [PName]?  NO NEED to read categories but can probe ENTER all that apply For multiple responses, use [space] or [-] to separate responses  Taking care of your children Clothing/ Household items Medication/ Supplement (e.g. vitamins) Appliances Food/ Groceries Help with housework or look after your house Take you on a trip Advice/ keep you company Tother - Specify
Father						
Mother						
Father-in-law						
Mother-in-law						

#### B204 Family Support and Transfer – R to Parents

Now I want to ask you about the support you have given to your parent.

Excluding any shared living cost such as rent, utility and/or food (in case of living together), did you give any kind of support, either financial or non-monetary support to [PName] in the last 12 months?

O 1. Yes	IF YES, ANSWER B204a
O 5. No	IF NO, SKIP TO B205
DK Don't Know	RF Refused

[PARENT]	In the last 12 months, did you give any financial support to [PName]?  1. Yes  IF YES, GO TO B204b 1  5. No  IF NO, SKIP TO B204d	B204b_1  If yes, how much did you give?  • ENTER CTRL+R if R refused to reveal any giving/ receiving amount.	by  1. Month  IF ANSWER IS 1, SKIP TO B204d  2. Year  IF ANSWER IS 5, GO TO B204c	B204c  If you occasionally gave financial support, in which situation would you give support to [PName]?  ◆ NO NEED to read categories but can probe  ◆ ENTER all that apply  ◆ For multiple responses, use [space] or [-] to separate responses  1. When sick and needed to pay for medical fee  2. Unemployed / No income  3. When could not make end meet  4. Special occasions (e.g. birthday, Eid, New Year, etc.)  97 Other - Specify	B204d In the last 12 months, did you give nonmonetary support to [PName]?  1. Yes  IF YES, GO TO B204e  5. No  IF NO, SKIP TO B205	What kind of non-monetary support did you give to [PName]?  ◆ NO NEED to read categories but can probe  ◆ ENTER all that apply  ◆ For multiple responses, use [space] or [-] to separate responses  1. Clothing/ Household items  2. Medication/ Supplement (e.g. vitamins)  3. Appliances  4. Food/ Groceries  5. Help with housework or look after his/her house  6. Take him/her on a trip  7. Advice/ keep him/her company  97 Other - Specify
Father						
Mother						
Father-in-law						
Mother-in-law				40		

	Please tick (/) whether your father, your mother, your father-in-law and your mother-in-law require care or assistance in daily activities such as going to the washroom, eating, cooking etc.?  • ENTER all that apply • For multiple responses, use [space] or [-] to separate responses • ENTER '0' if none require care	If [your father, your mother, your father-in-law and your mother-in-law] requires care or assistance in daily activities, who will usually will help the most?  • ENTER at most 2 persons • For multiple responses, use [space] or [-] to separate responses  1. Myself 2. Spouse 3. Brother 4. Sister 5. Son 6. Daughter 7. Grandson 8. Granddaughter 9. Domestic Maid 10. Professional Caregiver 97. Other - Specify (cousin, neighbour, friend etc.)	Does [[your father, your mother, your father-in-law and your mother-in-law] require nursing care?  1. Yes → GO TO B205d  5. No → Skip to B301  DK Don't Know RF Refused	How many hours of your time per week were spent on taking care of [your father/ your mother/ your father-in-law/ your mother-in-law] every week?  → GO TO B301
0. None				
3. Father				
4. Mother				
5. Father-in-law				
6. Mother-in-law				

#### **SECTION B3: FAMILY SUPPORT AND TRANSFERS - SIBLINGS**

SecStart Now I would like to ask you some information about your siblings.

1. Continue

◆ ENTER '0' if don't have any living siblings → <u>SKIP TO SECTION C</u>

O Number of siblings

B301a How many siblings did you receive/ give support in the last 12 months? This includes monetary and non-monetary support.

► ENTER '0' if don't have any living siblings OR if don't receive/ give support to living siblings → SKIP TO SECTION C

O Number of siblings

B302 Please complete the following table which relates to information of your siblings

No	B302a	B302b	B302c	B302d	B302e_1	B302e_2	B302f	B302g
	Can you tell me their first names? (Only those who receive/ give support.)  If R refuses to give name, can use alias names.		Gender  1. Male 5 Female  DK Don't Know  RF Refused	Marital status  1. Never married 2. Married 3. Widowed 4. Divorced/ separated DK Don't Know RF Refused	Does [SiblingName] have any children including step children and adopted children?  1. Yes GO TO B302e_2  5. No GO TO B302f DK Don't Know RF Refused	If YES, how many living children?	In the last 12 months, did this sibling work for pay/ salary? 1. Yes 5. No DK Don't Know RF Refused	How would you compare [SiblingName]'s economic status to yours?  1. Much better 2. Better 3. Similar 4. Worse than 5. Much worse
1								
2								
3								
4								
5								
6								
7								
8								

#### **B303 Living Arrangement**

	3		IE B2025 - 1   1	/E \\/\ITU D	IE B2022 - 2   IIVE WIT	LI DADENTO	IE EI GE GKID TO	Danat & Banaa
No.	[Name]	B303a Where does [SiblingName] live?  1. Live with respondent 2. Live with parents 3. Live close by (within 5km) 4. Live elsewhere/ abroad 5. No contact  IF B303a = 1, GO TO B303b  IF B303a = 2, GO TO B303d  IF ELSE, SKIP TO B303f & B303g	IF B303a = 1 LIN B303b  If live together with you, did [SiblingName] move to live with [SiblingName], you and [SiblingName] moved to live together or did [SiblingName] has always lived with you?  1. This sibling moved to live with you 2. You moved to live with this sibling 3. You and this sibling moved to live together 4. This sibling has always lived with you.	Why did you and [SiblingName] live together?  1. To support this sibling 2. To support you 3. To support each other  SKIP TO B303f & B303g	If B303a = 2 LIVE WIT B303d  If [SiblingName] live together your parents, did [SiblingName] move to live with your parents, parents moved to live with [SiblingName], your parents and [SiblingName] moved to live together or [SiblingName] has always lived with your parents?  1. This sibling moved to live with your parents 2. Parents moved to live with this sibling 3. Parents and siblings moved to live together 4. This sibling has always lived with parents.	H PARENTS B303e  Why did your parents and [SiblingName] move to live together?  1. To support this sibling 2. To support parents 3. To support each other 97. Other - Specify  SKIP TO B304	IF ELSE, SKIP TO B303f  In the last 12 months, how often did you meet [SiblingName] in person?  1. Daily 2. Several times a week 3. Several times a month 4. At least 4 times a year 5. Less than 4 times a year 6. Have not met in the last 1 year	D B303f & B303g B303g In the past 12 months, how often have you had contact with [SiblingName], either by phone or email?  1. Daily 2. Several times a week 3. Several times a month 4. At least 4 times a year 5. Less than 4 times a year 6. Have no contact in the last 1 year
1								
2								
3								
4								
5								
6								
7								
8								

#### B304 Family Support and Transfer: Siblings → R

Now I want to ask about the support you have received from your sibling.

Excluding any shared living cost such as rent, utility and/or food (in case of living together), did you <u>receive</u> any kind of support either financial or non monetary from [SiblingName] in the last 12 months?

O 1. Yes	IF YES, ANSWER B304a			
O 5. No	IF NO, SKIP TO B305			

No	[Name]	B304a	B304b_1	B304b_2	B304c	B304d	B304e
		In the last 12 months, did you receive any financial support from [SiblingName]?  1. Yes  IF YES, GO TO B304b  5. No  IF NO, SKIP TO B304d	If yes, how much did you receive?  • ENTER CTRL+R if R refused to reveal any giving/ receiving amount.	1. Month  IF ANSWER IS 1, SKIP TO B304d  2. Year  IF ANSWER IS 2, GO TO B304c	If you occasionally receive financial support, in which situation would you receive support from [SiblingName]?  NO NEED to read categories but can probe  ENTER all that apply For multiple responses, use [space] or [-] to separate responses  When sick and needed to pay for medical fee Still in studying (School/ University)/ Unemployed/ No income  When could not make end meet Special occasions (e.g. birthday, Eid, New Year, etc.)  7.Other - Specify	In the last 12 months, did you receive non-monetary support from [SiblingName]? 1. Yes  IF YES, GO TO B304e  5. No  IF NO, SKIP TO B305	What kind of non-monetary support did you receive from [SiblingName]?  ◆ NO NEED to read categories but can probe  ◆ ENTER all that apply  ◆ For multiple responses, use [space] or [-] to separate responses  1. Take care of your children/ grandchildren  2. Clothing/ Household items  3. Medication/ Supplement (e.g. vitamins)  4. Appliances  5. Food/ Groceries  6. Help with housework or look after your house  7. Take you on a trip  8. Advice/ keep you company  97.Other - Specify:
1							
2							
3							
4							
5							
6							
7							
8							

#### B305 Family Transfer – R to Sibling

O 1. Yes

Now I want to ask about the support you have given to your sibling.

IF YES, ANSWER B305a

Excluding any shared living cost such as rent, utility and/or food (in case of living together), did you give any kind of support either financial or non-monetary to [Siblingname] in the last 12 months?

_		<u> </u>					
$\circ$	5. No	IF NO,	SKIP TO C101	_			
	DK Don't	Know RF Refu					
No	[Name]	B305a In the last 12	B305b_1  If yes, how	B305b_2 by	B305c  If you occasionally gave financial support, in which	B305d In the last 12	B305e  What kind of non-monetary support did you give to
		months, did you give any financial support to [SiblingName] ? 1. Yes  IF YES, GO TO B305b 1  5. No	much did you give?  • ENTER CTRL+R if R refused to reveal any giving/ receiving amount.	1. Month  IF ANSWER IS 1, SKIP TO B305d  2. Year  IF ANSWER IS 2, GO TO	situation would you give support to [SiblingName]?  NO NEED to read categories but can probe ENTER all that apply For multiple responses, use [space] or [-] to separate responses  When sick and needed to pay for medical fee Still in studying (School/ University) /Unemployed/ No income)	months, did you give non- monetary support to [SiblingName] ?  1. Yes IF YES, GO TO B305e	this sibling?  ◆ NO NEED to read categories but can probe  ◆ ENTER all that apply  ◆ For multiple responses, use [space] or [-] to separate responses  1. Take care of his/her children/ grandchildren 2. Clothes/ Household items 3. Medication/ Supplement (e.g. vitamins) 4. Appliances 5. Food/ Groceries 6. Help with housework or look after his/her house
1		IF NO, SKIP TO B305d	amount.	B305c	<ol> <li>When could not make end meet</li> <li>Special occasions (e.g. birthday, Eid, New Year, etc.)</li> <li>Other - Specify</li> </ol>	5. No <u>IF NO, SKIP</u> <u>TO C101</u>	<ul><li>7. Take him/her on a trip</li><li>8. Advice/ keep him/her company</li><li>97. Other - Specify</li></ul>
•							
2							
3							
4							
5							
6							
7							
8							

#### **Section C1: Health Status**

O 3. About the same

O 5. Much worse

O 4. Worse

SecStart Now I would like to ask some questions about your health.

#### 1. Continue

C101	Which of the following best describes your current health status?
0	1. Very good
0	2. Good
0	3. Moderate
0	4. Poor
0	5. Very poor
C102 is much	Compare your current health to your health for the last 12 months, would you say your health now better, better, about the same, worse or much worse?
0	1.Much better
0	2. Better

- C103 Did you experience any pain or ache in the following body parts in the last 30 days that limit your
  - ♦ ENTER '0' if don't feel any pain or ache at all
  - ♦ ENTER all that apply
  - For multiple responses, use [space] or [-] to separate responses

Body Part	Limit your daily activities (/)
0. None	
1. Head	
2. Neck	
3. Shoulder	
4. Arms	
5. Wrist	
6. Fingers	
7. Chest	
8. Stomach	
9. Back	
10. Hips	
11. Legs	
12. Knees	
13. Ankles	
14. Toes	
97. Other - Specify	

C104 Have you been diagnosed from a doctor for the following illnesses? If yes, when it was first diagnosed?

Does it need a treatment or involve taking any medication and injection? And does that illness limit your daily activities?

- ♦ NO NEED to read categories
- ENTER '0' if have not been diagnosed from a doctor
- ♦ ENTER all that apply
- ♦ For multiple responses, use [space] or [-] to separate responses

	C104a	C104b	C10	4c	C10	)4d
Illnesses	What illnesses have you been diagnosed by your doctors?	Year first diagnosed	taking	Any treatment/ taking any medication?		ur daily ties?
			1. Yes	5. No	1. Yes	5. No
0. None						1
1. Asthma						
Bladder disorder (difficulty in urinating, enlarged prostate)						
Cancer or other malignant tumour (including leukaemia, lymphoma)						
4. Stroke						
5. Chronic lung disease (chronic bronchitis, emphysema etc.)						
6. Dementia/Alzheimer's						
7. Depression, emotional disorder						
8. Diabetes						
9. Femoral neck fracture						
10. Heart diseases (angina, heart failure, cardiac infarction, heart valve disease, etc.)						
11. High blood pressure						
12. High cholesterol						
13. Joint disorder (arthritis, rheumatism)						
14. Liver disease (hepatitis B or C, hepatic cirrhosis etc., excluding liver cancer)						
15. Osteoporosis						
16. Parkinson's disease						
17. Ulcer or other gastrointestinal disorder						
18. Vertigo						
97. Other - (Specify the most serious):						

C105 In the last 24 months, were you involved in any accident that affects your physical health? If yes, does it limits your daily activities?

- ♦ READ all categories
- ♦ ENTER '0' if did not involve any accident
- ♦ ENTER all that apply
- For multiple responses, use [space] or [-] to separate responses

C105a_1 Type of accidents	healt 1. Pe	ng effe h? rmaner mporar	nt	C105c Does it lindaily active 1. Yes 5. No DK Don't RF Refuse	vities? Know
	1	2	3	1	5
O. None					
1. Automobile accident					
2. Fall down, number of times fell down					
☐ 3. Hit by a falling object					
97. Other - Specify:					
C106 Do you worry about falling down?  DO NOT READ categories but can probe  1. Yes, I'm very worried  2. Yes, somewhat worried  3. Yes, a little  4. Not at all  C107 How much of the time during the past 4 weeks did you  1. Always  2. Often  3. Sometimes  4. Rarely  5. Never	u feel tired	ქ?			
C108 During the last 12 months, have you lost any amount  1. Yes, all the time  2. Yes, more often than 15 days in a month  3. Yes, 5-15 days a month  4. Yes, no more than 5 days in a month	<u>IF YE</u>	<u>S, GO <sup>-</sup></u>	your cor	<u>9</u>	

C109	If yes, have you ever used any absorbent products such as pads, special garments, sanitary napkins, or toilet paper for your urine loss condition? And how often is that?			
	<ul> <li>◆ READ all categories</li> <li>○ 1. Always</li> <li>○ 2. Often</li> <li>○ 3. Once in a while</li> <li>○ 5. No</li> </ul>			
C110	Next questions are about your eyesight. Do you usually wear eyeglasses or corrective lens?  1. Yes GO TO C111  5. No SKIP TO C112  DK Don't Know RF Refused			
C111	How would you rate your current vision/eyesight <a href="when wearing">when wearing</a> eyeglasses or corrective lens?  1. Good 2. Fair 3 Poor			
C112	How would you rate your eyesight <u>without wearing</u> eyeglasses or corrective lens?  1. Good 2 Fair 3 Poor			
C113	Have you ever had eye surgery?  ◆ READ all categories  ◆ ENTER all that apply  1. Yes, lens replacement surgery 2. Yes, eye replacement surgery 3. Yes, cataract surgery 97. Yes, Other - Specify 5. No			
C114	Now I want to ask some questions about your hearing.  Do you usually wear a hearing aid?  1. Yes GO TO C115  2. No SKIP TO C116			

C115	How would you rate your current hearing ability when wearing a hearing aid?  1. Good  2. Fair  3. Poor
C116	How would you rate your hearing ability without wearing a hearing aid?  1. Good  2. Fair  3. Poor
C117	Have you ever had any ear surgery?  1. Yes, please specify  5. No  DK Don't Know RF Refused
C118	The next questions are about your dental and oral health.  Do you wear dentures?  NO NEED to read categories but can probe  1. Yes, both upper and lower teeth  2. Yes, either upper or lower teeth  3. Yes, at least one tooth  5. No
C119	How would you rate your ability to chew solid or crispy food such as meat, biscuits or apple with dentures?  1. Good 2. Fair 3. Poor
C120	How would you rate your ability to chew solid or crispy food such as meat, biscuits or apple <a href="without dentures">without dentures</a> ? <ul> <li>1. Good</li> <li>2. Fair</li> <li>3. Poor</li> </ul>
C121	The next questions are about your sleeping habit How often do you have trouble falling asleep?  1. Most of the time 2. Sometimes 3. Rarely/Never

C122	How often do you have trouble with waking up too early a   1. Most of the time  2. Sometimes  3. Rarely/Never	and not being able to fall asleep again?
C123	How often do you feel really rested when you wake up in  1. Most of the time  2. Sometimes  3. Rarely/Never	the morning?
C124_^	<ul> <li>24_1 Now, I would like to measure your hand grip strength. The hands.</li> <li>Before I explain the procedure, may I know which is your</li> <li>1. Right</li> <li>5. Left</li> </ul>	_
	24_2 Using your [dominant hand], when I say start, squeeze the onds, and then let go  STAND holding the dynamometer with the display something the HOLD your forearm parallel to the floor.  SQUEEZE the handle for a few seconds.	
Do you	you understand my explanation and feel safe to continue with  • ENTER '5' if R has injuries on either hand.	this test?
	O 1. Yes GO TO C124_3	
	O 5. No GO TO C125 DK Don't Know RF Refused	
C124_3	24_3	
	v please hold the device with your [Dominant hand] and squee minant hand]  ◆ ENSURE the respondent's hand is at the correct  ◆ ENSURE the respondent has removed all jewelr in the score rounded to the nearest 0.1 kg.    ◆ ENTER [993] if R tried but the equipment malfunder in the score rounded to do it.	t position. ies on his/her hand.
H	Hand: kg	

#### C124 4

C125\_6

Pulse: \_\_\_\_\_

• ENTER Pulse reading

C124_4	
<ul><li>♦ ENSURE the responsible</li><li>♦ ENSURE the responsible</li><li>♦ ENTER the score responsible</li></ul>	her hand and squeeze as hard as you can when I say start.  ondent's hand is at the correct position.  ondent has removed all jewelries on his/her hand.  ounded to the nearest 0.1 kg.  ried but the equipment malfunctioned.  hose not to do it.
Hand: ko	
C125_1 Next, I would like to mea  1 Continue	sure your blood pressure using a digital monitor.
C125_2	
<ul><li>Sit comfortably with</li><li>Lay your arm on a f</li><li>The centre of your u</li></ul>	left arm approximately one half inch above the elbow. I will ask you to: your feet flat on the floor lat surface with your palm facing up upper arm placed at the same height as your heart and refrain from talking or moving
I will then press the Start button. measurement.	The cuff will inflate and deflate. I will give you the result after completing the
Do you understand my explanation  1. Yes  5. No SKIP TO  Don't Know  Refused	on and feel safe to continue with this test?
C125_3 Now let's start the measurement of the Press START/STOP but 1 Continue	ure. utton and record measurement.
C125_4  ◆ ENTER Systolic (SBP) r  ◆ ENTER [993] if R tried b problem occurs.  ◆ ENTER [999] if R chose	out was unable to do it or if an unresolvable equipment
Systolic:	
C125_5  ◆ ENTER Diastolic (DBP)	reading
Diastolic:	

#### C126

Next I would like to measure you	ur height, weight, waist ar	nd hip circumference. Can I	proceed with taking your
measurements?			
O 1. Yes			
O 5. No			
O DK Don't Know			
O RF Refused			

#### C126a

Before taking the height measurement

- FIND a suitable space to conduct the measurement.
- ASK for permission to place the masking tape on the wall.
- ASK R to remove his or her shoes.
- ASK R to stand up with their heels and shoulders against the wall.
- PLACE the masking tape behind R's head.
- PUT the triangle ruler on top of R's head and parallel against the wall
- MARK R's height on the tape MARKR
- ASK R to move away from the wall
- TAKE the measurement using the yellow retractable tape
- RECORD the measurement on the masking tape.
- REMOVE the tape from the wall
- ENTER the record on your laptop to the nearest 0.1 cm.
- ENTER [999] if R chose not to do it.

Height:	cm

C126b Now I would like to measure your weight.

- **♦** PLACE the weight scale on a flat surface.
- ASK R to stand straight on the scale without shoes.
- ◆ ENTER the record to the nearest 0.1 kg.
- **♦** ASK R to move away from the scale.
- ENTER [993] if R tried but equipment malfunctioned or exceed the measurement scale.
- ◆ ENTER [999] if R chose not to do it.

W	eight:		k	Ć	J
---	--------	--	---	---	---

C126c Next, I am going to ask you to perform a simple measurement of your waist and hip circumference.

For your waist measurement, I will ask you to:

- Place the measuring tape around your waist in the standing position.
- Holding the tape securely at the level of your belly button.
- Inhale and slowly exhale, holding your breath at the end of the exhale.

You should hold the tape measure in place and the tape should be snug but not tight.

I will ask you to hand over the tape while still pinching the tape at the appropriate place. Now let's take your waist measurement.

- ENSURE R follows all the instructions given.
- ENSURE that the tape is in correct position.
- ENTER the record to the nearest 0.1 cm.
- ENTER [993] if measurement exceed scale.
- ENTER [999] if R chose not to do it.

Waist Circumference: cm
C126d Hip Circumference
Next, repeat the same procedures for measuring your hip circumference at the widest part of your hip  • ENSURE R follows all the instructions given.  • ENSURE that the tape is in correct position.  • ENTER the record to the nearest 0.1 cm.  • ENTER [993] if measurement exceed scale.  • ENTER [999] if R chose not to do it.
Hip Circumference: cm
C127 Have you gained or lost weight more than 5kg in the last 2 years?  • DO NOT READ categories but can probe
1. Yes, gained more than 5kg
2. Yes, lost more than 5kg
3. Yes, gained more than 5kg but have lost all of that
4. Yes, lost more than 5kg but have gained that back
5. No OR gained/ lost less than 5 kg
SKIP POINT: IF R IS MALE, SKIP TO SECTION C201  IF R IS FEMALE, ANSWER C128
C128 Are you still having menstrual periods?
<ul> <li>1. Yes IF YES, SKIP TO SECT. C2</li> <li>5. No IF NO, ANSWER C129</li> <li>Don't Know</li> <li>Refused</li> </ul>
C129 How old were you when you had your last menstrual period?  Age: years old
C130 Did you suffer from menopausal problem in the months leading to menopause
<ul> <li>1. Yes <u>IF YES, GO TO C131_1</u></li> <li>5. No <u>IF NO, SKIP TO SECT. C201</u></li> </ul>

C131\_1 What are the symptom(s) did you suffer from?

◆ ENTER [0] if experience no symptom

◆ READ all categories
◆ ENTER all that apply
• For multiple responses, use [space] or [-] to separate responses
☐ 1. None
☐ 2. Irregular periods
☐ 3. Vagina dryness
☐ 4. Hot flushes
☐ 5. Chills
☐ 6. Night sweats
☐ 7. Sleep problem
☐ 8. Mood changes
☐ 9. Weight gains
☐ 10. Slowed metabolism
☐ 11. Thinning hair and dry skin
☐ 12. Loss of breast fullness
☐ 13. Pigmentation
□ 97. Other - Specify

#### **SECTION C2: RISK FACTORS**

#### SecStart

Now I would like to ask you about smoking habit.

1 Continue

C201 Have you ever smoked? (e.g. cigarettes, e-cigarettes, vapes, shisha, cigars, pipes, etc.)?

O 1. Yes IF YES, ANSWER C202a
O 5. No IF NO, GO TO C207
O DK Don't Know
O RF Refused

	C202 IF EVER SMOKE	
C202a	How old were you when you started smoking?  ◆ ENSURE R answered in AGE	years old
C202b	Do you currently smoke?	1. Yes  IF YES, GO TO C202c  5. No  IF NO, SKIP TO C202d  DK Don't Know  RF Refused
C202c	<pre>IF C202b = 1, ANSWER C202c</pre> In total, how many years have you been smoking?	years
C202d	<pre>IF C202b = 5, ANSWER C202d How old were you when you stopped smoking? ◆ ENSURE R answered in AGE</pre>	years old
C202e	REGARDLESS OF ANSWER IN C202c or C202d, ANSWER C202e  Do you smoke cigarettes, E-cigarettes, vapes, cigars, pipe/tobacco or shisha?  • READ all the categories • ENTER all that apply • For multiple responses, use [space] or [-] to separate responses	Cigarettes E-cigarettes Vapes session Cigars Pipe Shisha session
C202f	When you were smoking the most, usually how many sticks/ times do you smoke [typecigarettes] in a day?  ◆ ENSURE for cigarettes, cigars, R answer in the form of sticks	Cigarettes E-cigarettes Vapes session Cigars Pipe Shisha session

C203	Now, I would like to ask you a	
	Have you ever consumed any	alcoholic beverages such as beer, wine or toddy?
	O 1. Yes	IF YES, ANSWER C204a
	O 5. Never	IF NEVER, SKIP TO SECTION C3
	DK Don't Know	
	RF Refused	

	C204 IF EVER DRINK ALCOHOL			
C204a	How old were you when you first start consuming alcoholic beverages?  • ENSURE R answered in AGE	years old		
C204b	Do you currently drink alcoholic beverages?	1. Yes IF YES, GO TO C204c  5. No IF NO, SKIP TO C204d  DK Don't Know  RF Refused		
C204c	How many years have you been drinking?	years old		
C204d	How many years altogether have you been drinking before you stopped drinking?	years		
C204e	SKIP POINT IF NO LONGER DRINKING, GO TO C204f IF CURRENTLY DRINKING, ANSWER C204e For the past 1 month, how often have you had a drink containing alcohol?	<ul> <li>0. Never</li> <li>1. Once a month</li> <li>2. 2 to 3 times a week</li> <li>3. 4 or more times a week</li> </ul>		
C204f	How many glasses/cans of alcoholic beverages do/did you have on a typical day when you are/were drinking?	<ul> <li>1. 1 to 2</li> <li>2. 3 to 4</li> <li>3. 5 to 6</li> <li>4. 7 to 9</li> <li>5. 10 or more</li> </ul>		
C204g	How often do/did you have six or more glasses/cans on one occasion?	<ul> <li>0. Never</li> <li>1. Less than once a month</li> <li>2. Monthly</li> <li>3. Weekly</li> <li>4. Daily or almost daily</li> </ul>		

#### **SECTION C3: PSYCHOSOCIAL**

SecPsychosocial [1]. SecStart

Now I would like to ask about your behaviour and the feelings you have experienced for the last 6 months.

#### 1. Continue

No.	Feelings	1. Never	2. Rarely	3. Sometimes	4. Often	5. Always
C301a	How often did you experience boredom and lose interest in most things?	0	0	0	0	0
C301b	How often did you experience trouble in concentrating?	0	0	0	0	0
C301c	How often did you experience sadness/ feeling blue/ depressed?	0	0	0	0	0
C301d	How often did you feel happy/ cheerful?	0	0	0	0	0
C301e	How often did you feel anxious/ stressed?	0	0	0	0	0
C301g	Generally, how often did you feel that you are satisfied with your life?	0	0	0	0	0
C301h	How often did you experience loneliness?	0	0	0	0	0
C301i	In general, how often did you experience disappointment in your life?	0	0	0	0	0
C301j	How often did you feel down on yourself, no good or worthless?	0	0	0	0	0
C301k	How often did you think about death – either your own, someone else's, or death in general?	0	0	0	0	0
C301I	How often did you experience isolated or sidelined from others?	0	0	0	0	0
C301n	How often did you experience lack of companionship?	0	0	0	0	0
C301o	How often did you feel that you are "in tune/ get along well" with the people around you?	0	0	0	0	0
C301p	How often did you feel that there are people you can talk to/ share your feelings?	0	0	0	0	0
C301q	How often did you feel that there are people you can turn to for help?	0	0	0	0	0
C301r	How often did you feel that there are people who really understand you?	0	0	0	0	0
C301s	How often did you feel that there are people you are close to?	0	0	0	0	0
C301t	How often did you feel that you are part of a group of friends/ community?	0	0	0	0	0

# SKIP POINT: IF R CURRENTLY DO NOT HAVE SPOUSE, SKIP TO C305 IF CURRENTLY MARRIED, ANSWER C302

C302 Now I would like to ask you some questions about your spouse.

### 1. Continue

No	Statements	1. Never	2. Rarely	3. Sometimes	4. Often	5. Always
C302a	How much does your spouse really understand the way you feel about things?	0	0	0	0	0
C302b	How often can you open up to your spouse if you need to talk about your worries?	0	0	0	0	0
C302c	How often does your spouse make too many demands on you?	0	0	0	0	0
C302d	How often does your spouse let you down when you are counting on them?	0	0	0	0	0
C302e	How often does your spouse get on your nerves?	0	0	0	0	0

C303	How close is your relationship with your spouse?  1. Very close 2. Quite close 3. Not very close
	4. Not at all close
C304	Who has the final say in decisions about major family issues?  1. I do always 2. I do mostly
	3. We have equal say
	4. My spouse does mostly
	5. My spouse does always
	6. Someone else

# 1 Continue

No.	Statements	1. Strongly Disagree	2. Disagree	3. Neutral	4. Agree	5. Strongly Agree
C305a	I often feel helpless in dealing with the problems of life.	0	0	0	0	0
C305b	Other people determine most of what I can and cannot do.	0	0	0	0	0
C305c	What happens in my life is often beyond my control.	0	0	0	0	0
C305e	There is really no way I can solve the problems I have.	0	0	0	0	0
C305f	I can do just about anything I really set my mind to.	0	0	0	0	0
C305g	When I really want to do something, I usually find a way to succeed at it.	0	0	0	0	0
C305h	Whether or not I am able to get what I want is in my own hands.	0	0	0	0	0
C305i	What happens to me in the future mostly depends on me.	0	0	0	0	0
C305j	I can do the things that I want to do.	0	0	0	0	0
C305k	I am leading a meaningful purpose in life.	0	0	0	0	0
C305I	I have a loving family.	0	0	0	0	0
C305m	I continue to have friends who care for me.	0	0	0	0	0
C305n	I am financially independent.	0	0	0	0	0
C305o	I can still contribute to society.	0	0	0	0	0
C305p	I believe I will not need long term care at age 65 and beyond.	0	0	0	0	0
C305q	I will continue working as long as my mental and physical capability permit.	0	0	0	0	0
C305r	If possible I would like to live beyond age 80 years.	0	0	0	0	0
C305s	I am prepared to be living alone.	0	0	0	0	0
C305t	I am prepared to take care of my own health.	0	0	0	0	0
C305u	I am prepared to live in an assisted living facility (e.g. care centre for the elderly).	0	0	0	0	0

C305v	Taking care of grandchildren is part of my responsibility.	0	0	0	0	0
C305w	The government should make it mandatory for children to support their parents.	0	0	0	0	0
C305x	I should be the one to determine when I want to retire.	0	0	0	0	0

C306 Now I would like to ask about some activities that you might be involved in.

# 1 Continue

No.	Statements	1. Never	2. Rarely	3. Sometimes	4. Often	5. Always
C306a	How often do you take care of a sick or disabled adult?	0	0	0	0	0
C306b	How often do you do activities with your grandchildren/ nieces/ nephews, etc.? (e.g. go to playground, go to shopping mall, watch TV etc.)	0	0	0	0	0
C306d	How often do you do volunteer/ charity work?	0	0	0	0	0
C306e	How often do you attend an educational/ training course/ forum/ workshop?	0	0	0	0	0
C306f	How often do you go to a sports, social or other clubs?	0	0	0	0	0
C306g	How often do you attend meetings of non-religious organisations (e.g. political party/ residence association/ Parents & Teachers Association (PTA)?	0	0	0	0	0
C306h	How often do you read books, magazines or newspapers?	0	0	0	0	0
C306i	How often do you watch television?	0	0	0	0	0
C306j	How often do you do writing (e.g. letters, stories, or diary)?	0	0	0	0	0
C306I	How often do you use computer/ smartphone for e-mail, Internet, watch videos or other purposes?	0	0	0	0	0
C306m	How often do you go for a walk/ jog/ gym?	0	0	0	0	0
C306n	How often do you do gardening/ pet rearing/ other hobbies?	0	0	0	0	0
C306o	How often do you exercise/ involve in group exercise (e.g. Tai Chi, aerobic, yoga, silat, etc.)?	0	0	0	0	0
С306р	How often do you participate in sport activities?	0	0	0	0	0
C306q	How often do you go out for social outing (e.g. eating out, meeting friend, go to cinemas, etc.)?	0	0	0	0	0

C306r	How often do you do home maintenance (e.g. house chores, repair etc.)?	0	0	0	0	0
C306t	Do you participate in any other activities?  1. Yes GO TO C306t 2  5. No GO TO C307  DK Don't Know  RF Refused			·		
C306t_2	What other activities? Please specify					
C306t_3	How often do you participate in this activity?	0	0	0	0	0

C307 Now I would like to ask about religious activities.

No	Religious Activities	1. Never	2. Rarely	3. Often	4. Always
C307a	How often do you give alms or donation to community/ religious organisation?	0	0	0	0
C307b	How often do you read religious books (e.g. Al-Quran/ Bible/ Bhagavad Gita)?	0	0	0	0
C307c	How often do you perform daily prayers?	0	0	0	0
C307d	How often do you practice primary basic doctrines on holy days or religious days like fasting or going to church on Sundays?	0	0	0	0
C307e	How often do you attend religious sermons/ religious classes/ talks?	0	0	0	0

## **SECTION C4: PHYSICAL ACTIVITIES**

C401	How often do you take part in sports/ activities that are <u>vigorous</u> (e.g. running, swimming, cycling, aerobics, tennis, or digging with a hoe or shovel, etc.)?
	NO NEED to read categories but can probe
	O 1. Every day
	2. More than once a week
	O 3. About once a week
	4. One to three times a month
	5. Rarely/ Never
	·
C402	How often do you take part in sports/ activities that are <u>moderately vigorous</u> (e.g. gardening, cleaning the car, walking at a moderate pace or dancing, etc.)?
	NO NEED to read categories but can probe
	O 1. Every day
	2. More than once a week
	O 3. About once a week
	<ul> <li>4. One to three times a month</li> </ul>
	O 5. Rarely/ Never
C403	How often do you take part in <u>light exercise/ activities</u> (e.g. Tai Chi, vacuuming or home cleaning, etc.)?
	NO NEED to read categories but can probe
	O 1. Every day
	O 2. More than once a week
	O 3. About once a week
	<ul><li>4. One to three times a month</li></ul>
	O 5. Rarely/ Never

C404 Next, I would like to ask whether you need assistance in performing the following activities for the past one week.

#### 1 Continue

Please check the level of needed assistance for each of the activities, and who helps if you are not able to do it by yourself.

									ELP, 404 2		C404
Activities of Daily Living (ADL)	1. Able 2. Som help 3. Alwa 4. Alwa	of neede to do it netimes ays need ays need	all by m need so d some d help.	nyself ome help.	C40 If you help  1. S 2. S 3. D 4. G 5. G 6. D 7. F 97. neight	pu necession nec	ed he an be IEED ER all nultip e ter son daugl stic M siona r Spe ur, et	lp in more to re I that ble re to hter laid al Car ecify cc.)	any a e thar ead ca appl espon sepa	ctivitie one) ategor y ses, u rate re	s, who usually will ies but can probe use [space] or [-] esponses
	1	2	3	4	1	2	3	4	5	6.	97: Specify
a. Bathing											
b. Dressing											
c. Grooming											
d. Mouth care											
e. Toileting											
f. Transferring bed/chair							$\Box$	$\Box$			
g. Walking around the house											
h. Climbing stairs						IП		П			
i. Eating											

C405 Now I would like to ask you whether you have any difficulty in performing the following activities.

1 Continue

	Daily activities (NAGI Index)  Hav						
		1. Yes	5. No				
a.	Walking 100 meters						
b.	Sitting on a chair for two hours continuously						
C.	Getting up from a chair after sitting continuously for a long time						
d.	Walking several steps up the stairs without using the handrail						
e.	Taking one step up the stairs without using the handrail						
f.	Squatting or kneeling						
g.	Raising your arms above your shoulders						
h.	Pushing or pulling a large object such as a chair or sofa						
i.	Lifting or carrying an object weighing 5kg or more, such as a bag of rice						
i.	Picking up a small object such as a 10 cent coin from a desk with your fingers						

C406 Below is the checklist of instrumental activities of daily living. Do you need have any difficulty in performing each of the activities last week?

Please check the level of needed assistance for each of the activities, and who helps if you are not able to do it by yourself.

					IF D ELS	ON'T E AN	NEE[	HEL R C40	.P, GC 5_2	TO SECTION C5
C406_1  Instrumental Activities of Daily Living (IADL)  1. Able to do it all by my 2. Sometimes need some help  3. Always need some help  4. Always need help					1. Sp 2. So 3. Do 4. Go 5. Go 6. Oo	os? (Coouse on aughte andso and-da	can b r n aughte	e moi	re tha	ctivities, who in one) relative, neighbour,
	1	2	3	4	1	2	3	4	5	6: Specify
a. Shopping						П		П		
b. Cooking										
c. Managing medications										
d. Using the phone and looking up numbers										
e. Doing housework										
e. Doing housework  f. Doing laundry										
f. Doing laundry g. Driving/ riding motor										

## **SECTION C5: COGNITION**

C501	How would y fair, poor or volume of the fair of the fa	very po good		e prese	ent time? Would yo	u say i	t is very good, good,				
C502	<ul> <li>Would you say your memory is better now, about the same or worse now compared to two years ago?</li> <li>1. Better now</li> <li>2. About the same</li> <li>3. Worse now than it was then</li> </ul>										
C503	I will read a set of 10 words and ask you to recall as many as you can. Please listen carefully as I read the set of words because I cannot repeat them. When I finish, I will ask you to recall aloud as many of the words as you can, in any order.  Do you understand my explanation?  1 Continue  RF Refused  [IWER: PICK ONLY ONE OUT OF THE FOUR LISTS]										
C503_:	trouble heari recalls the w 1 RF	llowing ng the ords d <b>Co</b> Re	g list of words to the words, you may rep oes not matter. ontinue efused								
Pleas ◆			you can recall. n time as R wishes	up te	o about 2 minutes						
•			stuck on the answe	-							
	List 1		List 2		List 3		List 4				
1. Co	W		1. Village		1. Fire		1. Shoes	$\circ$			
2. Riv			2. Train		2. Lamp		2. House	$\circ$			
3. Tre			3. Sky		3. Spoon		3. Kite	$\circ$			
4. Wa			4. Cat		4. Paper		4. Letter	0			
5. Kni			5. Wood		5. Baby		5. Television	$\circ$			
6. Bic	-		6. Plates		6. Kettle		6. Road	$\circ$			
7. Far			7. Fork		7. Hammer		7. Fruits	$\circ$			
8. Ca	r		8. Scissors		8. Candle		8. Hotel	$\bigcirc$			
9. Bal			9. Battery		9. Market		9. Bottle	$\circ$			
10. W	allet allet		10. Combs		10. Tin		10. Tables	$\circ$			
	tuck on the nswers		97. Stuck on the answers		97. Stuck on the answers		97. Stuck on the answers	0			

<ul> <li>Next, please try to count backwards, as quickly as you can, from the number I will give you. I will tell you when to stop.</li> <li>ALLOW R to start over if he/she wishes to do so</li> <li>ASK R to stop after a few seconds</li> </ul>						l		
Please start	with:	<u>2</u>	<u>0</u>					
You may sto	p now.	Thank	you					
	Correct ncorrect	İ.						
C505 Now let's	try son	ne subt	traction of nu	mbers				
C505a			C505b			C505c		
One hundred minu what?	s 7 equ	als	And 7 from	that		And 7 from	n that	
[IWER: CORRECT IS 93]	ANSW	ER	[IWER: COI IS 86]	RRECT	ANSWER	[IWER: CORRECT ANSWER IS 79]		
Please tell n  ALLOW R  ENTER '9	ne any la to sta	of the v	vords that yo if he/she wi on the answe	u reme	ember now. o do so		ou could remember.	
<b>List 1</b> 1. Cow		1. Villa	List 2		List 1. Fire	3	List 4 1. Shoes	$\bigcirc$
2. River	H	2. Tra	_	H	2. Lamp		2. House	$\sim$
3. Tree		3. Sky			3. Spoon		3. Kite	0
4. Water	П	4. Cat			4. Paper	H	4. Letter	Ö
5. Knife		5. Wo			5. Baby		5. Television	0
6. Bicycle	H	6. Pla			6. Kettle	H	6. Road	0
7. Fans		7. For			7. Hammer		7. Fruits	Ö
8. Car	H	8. Sci		H	8. Candle	H	8. Hotel	Ö
9. Ball		9. Bat		H	9. Market		9. Bottle	Ö
10. Wallet	H	10. Co	-	H	10. Tin		10. Tables	Ŏ
97. Stuck on the			uck on the		97. Stuck on	the $\square$	97. Stuck on the	O
answers		answe	ers		answers		answers	
C507 What year are we in currently?  1. Correct  5. Incorrect								
C508 What is the  O 1. Corre  O 5. Incore	ect	day?						

C509	What month are we in currently?
	O 1. Correct
	O 5. Incorrect
C510	What day of the week?
	O 1. Correct
	5. Incorrect
C511	Now I'm going to ask you for the names of some people and things. What do people usually use to cut paper?
	CORRECT answer is scissors / knives
	1. Correct
	5. Incorrect
C512	What do you call the kind of thorny fruit that has a strong smell?  CORRECT answer is Durian
	1. Correct
	O 5. Incorrect
C513	,
	CORRECT answer is Tun Dr. Mahathir Mohamad
	1. Correct
	O 5. Incorrect
C514	•
	CORRECT answer is Tunku Abdul Rahman
	1. Correct
	O 5. Not correct
C515	In 60 seconds, please name as many animals <u>as fast as you can.</u>
	Total animal answers:

<u>IWER NOTES</u>						
	erviewer C I you recoi		nt tal of incorrect answers?			
0	Yes	1	GO TO C516b			
0	No	5	SKIP TO SC3			
C516b <b>Hc</b>	w many in	correct a	answers? Total incorrect:			
SC3 Wha	t did you u	se to tim	ne this task?			
	1. Stop w	vatch				
	2. Comp	uter clock				
	3. Wrist v	watch				
	4. Wall c	lock				
	O 5. Nothing					
SC4 Please indicate whether any problems occurred in relation to animal naming.  CHOOSE all that apply						
O 1.	1. Interruption during 60 seconds response period					
O 2.	R exceede	ed 60 sec	onds response period			
О з.	3. Technical problem with computer or timing equipment					
O 4. R did not understand task						
O 5.	Other - Sp	ecify				
O 6.	No probler	ns				

## **SECTION C6: HEALTHCARE UTILIZATION**

### SecStart

Now I	would like to ask you some questions about healthcare utilization.  Continue
C601	Do you have any private health insurance, including employer-sponsored insurance?
	<ul> <li>○ 1. Yes</li></ul>
C602	How much does your private health insurance policy cover?  ◆ ENTER "0" if respondent does not know  ◆ ENTER 999 if unlimited coverage  RM
C603	How much do you pay for this health insurance premium each year?  ◆ ENTER "0" if respondent does not know
	RM
C604	Who pays for your health insurance?  1. Ownself 2. Spouse 3. Son 4. Daughter 5. Employer
	97.Other - Specify:

C605 In the past 12 months, did you go for any of the following medical check-up?

- ENTER all that apply
- For multiple responses, use [space] or [-] to separate responses

### <u>IF DIDN'T GO FOR ANY MEDICAL CHECK-UP AT ALL, SKIP TO C606</u> <u>IF YES, ANSWER C605</u>

	Medical check-up	C605a  Do check-up?  1. Yes 5. No		C605b  Who paid for it?  0. No payment 1. Government/ Pensioner 2. Employer-provided health insurance 3. Personal health insurance 4. Employer/ Panel clinic (not included if there are complete salary deductions) 5. Self/ Family/ Household members 6. Part insurance, part self-paid 7. Others Specify							C605c  How much you pay?  SKIP IF C605b IS 0		
		1.	5.	0.	1.	2.	3.	4.	5.	6.	7. Oth	ers	RM
0.	No medical check-up												
1	General health screen (e.g. blood- sugar rate)												
2	Cholesterol												
3	Mammogram												
4	Pap smear												
5	Colonoscopy												
6	Prostate												
7	Bone density												

# SKIP POINT: IF WENT FOR MEDICAL CHECK-UP, SKIP TO C607 IF NO, ANSWER C606

C606	If no, why you didn't you go for medical check-up?					
	1. Wanted to do medical check-up but it is difficult to travel to a medical check-up facility (Either because of the distance or traveling cost)					
	O 2. Did not expect any problem as the previous check-up went fine					
	O 3. Too busy					
	O 4. Could not afford					
	O 5. Afraid of the results					
	O 6. Did not see a need					
	97. Other - Specify					

C607	1. Government health facility or practitioner  2. Private health facility or practitioner  3. Traditional or alternative medicine practitioner  97. Other - Specify _			
C608	Who would normally accompany you to go for treatment?  ◆ ENTER all that apply  ◆ For multiple responses, use [space] or [-] to separate responses  ○ 1. Spouse ○ 2. Son/son-in-law ○ 3. Daughter/ Daughter in law ○ 4. Grandson ○ 5. Granddaughter ○ 6. Niece/ Nephew ○ 7. No companion: ○ 97. Other - Specify			
C609	Have you ever been hospitalised during the last 12 months?  1. Yes. IF YES, ANSWER C610  5. No IF NO, GO TO SECTION D: EMPLOYMENT  DK Don't Know  RF Refused			
C610	How many times have you been hospitalised in the last 12 months? times			
C611	Who accompanied you the most during your hospitalization?  1. Spouse 2. Son/ Son-in-law 3. Daughter/ Daughter in law 4. Grandson 5. Granddaughter 6. Niece/ Nephew 7. No companion): 97. Other - Specify			

C612 What is/are the reason(s) for your hospitalization(s)? Please choose five most serious ones if there are more than five.

- ◆ ENTER five most serious ones, if there are more than five
- ◆ DO NOT READ categories but can probe

•	For multiple responses, use [space] or [-] to separate responses
	0. None
	1. Asthma
	2. Bladder disorder (difficulty in urinating, enlarged prostate)
	3. Cancer or other malignant tumour (including leukaemia, lymphoma)
	4. Stroke
	5. Chronic lung disease (chronic bronchitis, emphysema etc.)
	6. Dementia/ Alzheimer's
	7. Depression, emotional disorder
	8. Diabetes
	9. Femoral neck fracture
	10. Heart diseases (angina, heart failure, cardiac infarction, heart valve disease, etc.)
	11. High blood pressure/ hypertension
	12. High cholesterol
	13. Joint disorder (arthritis, rheumatism)
	14. Liver disease (hepatitis B or C, hepatic cirrhosis etc., excluding liver cancer)
	15. Osteoporosis
	16. Parkinson's disease
	17. Ulcer or other gastrointestinal disorder
	18. Vertigo
	97 Other- (Specify the most serious)

# SECTION D: WORK, EMPLOYMENT AND RETIREMENT

#### **SecStart**

Now, I would like to ask you some questions about your current employment situation.

#### 1 Continue

D101 What is your current employment status?

## • NO NEED TO READ categories but can probe

1. Working now	SKIP TO D102
2. Temporarily laid off	D101a Do you expect to go back to this job?  1. Yes  5. No  D101a_1 In what month and year did you last work on this job?  m m / y y y  PROCEED TO  ANSWER D102
<ul><li>3. Unemployed and looking for work</li></ul>	D101b_1 In what month and year did you become unemployed?  m m / y y y  SKIP TO SECT. E
4. Disabled and unable to work	D101c_1 In what month and year did you become disabled?  m m / y y y  SKIP TO SECT. E
5. Retired/ No longer working	D101d_1 In what month and year and did you retire/ stop working?  m m / y y y  SKIP TO D105
6. A Homemaker	SKIP TO SECTION E
7. On Sick or other leave	D101a Do you expect to go back to this job?  O 1. Yes O 5. No  D101a_1 In what month and year did you last work on this job?  M M / y y y  PROCEED TO  ANSWER D102
97. Other - Specify:	SKIP TO SECTION E

D102	Are you doing any work for pay at the present time?  1. Yes IF YES, PROCEED TO D104  5. No IF NO, ANSWER D103  DK Don't Know  RF Refused
D103	If no, have you worked for pay in the last 12 months?  1. Yes 5. No DK Don't Know RF Refused
Note:	
If R is v	vorking now (D101 =1) AND D102=1, THEN GO TO D104a
If R is v	vorking now (D101=1) AND D102=5, THEN GO TO D103
	emporarily laid off; Sick Leave (D101=2; D101=7) AND expected to go back to this job (D101a=1) 102 =1, THEN GO TO D104a
	emporarily laid off; Sick Leave (D101=2; D101=7) AND not expected to go back to this job (D101a=5) 102=1, THEN GO TO D103
	emporarily laid off; Sick Leave (D101=2; D101=7) AND expected to go back to this job (D101a=1) 102 =5, THEN GO TO D103
	emporarily laid off; Sick Leave (D101=2; D101=7) AND not expected to go back to this job (D101a=5)

D104 IF WORKING NOW					
D104	For your primary work, are you self employed or working for someone else?  1. Self-employed / own business GO TO D105a 2. Someone else / employee (employer, organisation, company) GO TO D108				
D105a	If self-employed, is your business registered?  1. Yes  5. No DK Don't Know RF Refused				
D105b	Do you have business partner(s)?  1. Yes.  5. No				
D105c	What is the percentage of your ownership? percent				
D106a_1	If work for someone else, who do you work for? GO TO D107  1. Government 2. Private organisation  97. Other - Specify:				
D107	Now I would like to ask about your employer.  1 Continue				
D107a	What is the name of the company/organization you work for?  Name:				
D407h	Dont / Init / Ministries:				
D107b	Dept. /Unit /Ministries:				
D107c	Position/Title:				
D108	Now I would like to ask about your business.  1 Continue				
D108a	Name of the business:				
D109	What is your occupation?  1. Manager (CEO, Managing Director, Administrative Manager, Legislator)  2. Professional (Scientist, engineer, architect, doctor, lecturer, teacher, accountant, lawyer, economist, journalist, etc.)  3. Technician and associate Professional (Technician, medical assistant, chef, insurance agent, real estate agent, photographer, etc.)  6. Service and sales worker (Cook, waiter, hairdresser, cashier, fire fighter, police officer, security guard, etc.)  7. Skilled agricultural, forestry and fishery worker (Worker in livestock and dairy producer, farm, fishery, forestry, etc.)  8. Craft and related trades worker (Carpenter, plumber, painter, welder, mechanic, butcher, baker, tailor, etc.)  9. Plant and machine-operator andassembler (Machine operator, assembler, driver, ship crew, etc.)				

	<ul> <li>4. Clerical support worker         (Clerk, call centre operator, customer service executive, receptionist, bank teller, etc.)</li> <li>5. Armed Force         (Army, navy, air force, etc.)</li> </ul>	10. Elementary occupation     (Janitor, labourer, street vendor, garbage collector, etc.)
D110	<ul> <li>What industry do you work in?</li> <li>1. Agriculture, forestry and fishing</li> <li>2. Mining and quarrying</li> <li>3. Manufacturing</li> <li>4. Electricity, gas, steam and air conditioning supply</li> <li>5. Water supply; sewerage, waste management and remediation activities</li> <li>6. Construction</li> <li>7. Wholesale and retail trade; repair of motor vehicles and motorcycles</li> <li>8. Transportation and storage</li> <li>9. Accommodation and Foodservice activities</li> <li>10. Information and communication</li> <li>11. Financial and insurance/ takaful activities</li> <li>12. Real estate activities</li> </ul>	<ul> <li>13. Professional, scientific and technicalactivities</li> <li>14. Administrative and support serviceactivities</li> <li>15. Public administration and defence; compulsory social security</li> <li>16. Education</li> <li>17. Human health and social work activities</li> <li>18. Arts, entertainment and recreation</li> <li>19. Other service activities; activities of membership organisations, repairs of personal and household goods</li> <li>20. Activities of households as employers; undifferentiated goods and services-producing activities of households for own use</li> <li>21. Activities of extraterritorial organisationsand bodies</li> </ul>
D111	IF ELSE EMPLOYED: At what age were you emplo	years
D112	IF SELF EMPLOYED: At what age have you started business?	d triis
D113	How long do you expect to work for your current en  1. Less than one year  2. 1 – 2 years  3. More than 2 years – 3 years	nployer/business?  4. More than 3 years  5. I want to resign and get a new job.  6. I want to resign and stop working altogether
D114	Before you work at this job, how many other jobs hat the second of the s	e following information in the last 3 jobs.

D115				
	D115a	D115b	D115c_1	D115c_2
	Name of Organization	Position	Start year	End year
	1.			
	2.			
	3.			
D116	For your current job/ business, how week?	many hours are you working	g in a	hours
D117	In the last 12 months, how many da problems?  • ENTER "0" if never miss		to health	days
D118	Except for national holidays, how m you entitled at your current workpla  • ENTER "0" if never miss	nany days of paid leave per y	ear are	days
D119	Do you have a secondary job?  1. Yes. 5. No DK Don't Know	/ RF Refused		
D120	How many hours do you work in a way	week for your secondary job?	?	
D121	From your main job, what is the use kind of job?  • ENTER "999" for no years old (range: 40-94)	usual age	who work with you	or have the same
D122	Now I would like to ask you some q 1 Continue	uestions about your retireme	ent planning.	
D123	How often have you thought about  1. A lot 2. Some	O 3. A li	ttle rdly at all	

D124	When you retire, do you plan to to stop work altogether or reduced work hours, have you not given it		
	much thought, or what?  ◆ NO NEED to read categories but can probe		
	☐ 1. Stop work altogether D125 At what age do you plan to stop work altogether?		
	2. Never stop work		
	3. Not given much thought		
	4. No current plans, continue as is		
	5. Reduce work hours D126 At what age do you plan to start working fewer hours?		
	☐ 6. Change kind of work → D127 At what age do you plan to change the kind of work you do?		
	7. Work for myself D128 At what age do you plan to start working for yourself?		
	8. Work until my health fails		
D130	Now, I would like to ask you about certain aspects of your current job.  1 Continue		
	Please say how often the following statements are true for you using a scale of 2= Rarely, 3 = Sometimes, 4 = Often, 5 = Always).	of 1 to 5 (where 1 is Never,	
		1 2 3 4 5	
	a. How often does your job require lots of physical effort?		
	b. How often does your job require lifting heavy loads?		
	c. How often does your job require stooping, kneeling or crouching?		
	d. How often does your job require good eyesight?		
	<ul><li>e. How often does your job require intense concentration/ attention?</li><li>f. How often does your job require skills in dealing with other people?</li></ul>		
	h. How often do you feel your job is more challenging than your previous		
D131	job? Now, I would like to ask whether you agree with the following statements cor	ncerning your current	
D101	job. (where 1= Strongly Disagree, 2= Disagree, 3= Neutral, 4= Agree, 5= Strongly Disagree, 2= Disagree, 3= Neutral, 4= Agree, 5= Strongly Disagree, 5= Str	ongly Agree)	
	1 Continue		
	a. In promotion, seniority is important at your company		
	b. Your co-workers make older workers feel that they ought to retire		
	<ul><li>before the retirement age</li><li>c. Your employer would let older workers move to less demanding job</li></ul>		
	c. Your employer would let older workers move to less demanding job with less pay if they wanted to		
	d. Your salary is adequate		
	e. Your job security is good		
	f. You are satisfied with the work environment of your job		
	g. You are satisfied with the work you are assigned to do		
	h. Your job involves a lot of stress.		
	i. You really enjoy going to work		
	j. Overall, you are satisfied with your current job.		

# $\frac{\text{SKIP POINT: IF R IS STILL WORKING, GO TO SECTION E: INCOME AND CONSUMPTION}}{\text{IF R IS RETIRED, GO TO D105}}$

	D105 IF RETIRED	1
D132	<ul> <li>□ 2. Having enough income from spouse</li> <li>□ 3. No interest to continue to work</li> <li>□ 4. To spend more time on leisure</li> <li>□ 5. To do volunteer work/ to pursue hobby</li> <li>□ 6. Due to poor health</li> <li>□ 10</li> <li>□ 11</li> </ul>	Due to the poor health of spouse
D133	Thinking back to the time you completely retired, was that something you wanted to do or something you felt you were forced into?	<ul><li>1. Wanted to do</li><li>2. Forced into</li><li>3. Part wanted, part forced</li></ul>
D134	Overall, are you satisfied with your retirement?  1. Very satisfied  2. Moderately satisfied  3. Not satisfied	
D135	Comparing before and after retirement, what would you say about your life after retirement?  1. Better than before retirement  2. About the same  3. Worse than before retirement	
D136	I am going to read statements which are positive about ret Please tell me whether, for you, these were not at all impo important and very important.  1 Continue  1 a. Being your own boss b. Being able to take it easy/ relax c. Having the chance to travel	
D137	I am going to read out to you statements which are negative Please tell me if, during your retirement, they have not both bothered you, bothered you or bothered you a lot.  1 Continue  1 a. Not doing anything productive or useful b. Illness or disability c. Not having enough income to get by	
	or receiving changer modella to got by	

# Section E: Income and Expenditure

## SecStart

Now I	would like to ask you some questions about your income and consumption.  1 Continue
E101	For the last 12 months, did you receive any income or payment, excluding income received by the household members?  1. Yes 5. No IF DON'T RECEIVE ANY OF THE INCOMES, SKIP TO E105.
E102	What type of income or payment did you receive?  • READ all the categories
	ENTER all that apply
	For multiple responses, use [space] or [-] to separate responses

Sources of income
1. Pension
2. Rental
3. Salary/ Income from business
4. Insurance
5. Allowance from Social Security Organisation (SOCSO)
6. Social Welfare Department (Elderly/ Disability aid)
7. Zakat/donation received
8. Dividend from shares/ unit trust
9. Subsidies/ Cost of Living Allowance (BSH/ BR1M)
10 Allowance/ Contribution from Armed Forces Fund Board (LTAT)
97. Other - Specify

# IF RECEIVE ANY INCOME, ANSWER E103. ELSE SKIP TO E103.

E103 How much did you receive from [Source of Income] in the last one year, after tax?

Sources of income	RM (Yearly)
1. Pension	
2. Rental	
3. Salary/ Income from business	
4. Insurance	
5. Allowance from Social Security Organisation (SOCSO)	
6. Social Welfare Department (Elderly/ Disability aid)	
7. Zakat/donation received	
8. Dividend from shares/ unit trust	
9. Subsidies/ Cost of Living Allowance (BSH/ BR1M)	
10 Allowance/ Contribution from Armed Forces Fund Board (LTAT)	
97. Other - Specify	

E104 How is the amount of your [Source of Income] in the last 12 months, compared to the previous year? (where 1= More, 2= Less, 3= Same, 4= Not Applicable)

	Sources of income	1 2 3 4
	1. Pension	
	2. Rental	
	3. Salary/ Income from business	
	4. Insurance	
	5. Allowance from Social Security Organisation (SOCSO)	
	Social Welfare Department (Elderly/ Disability aid)     Zakat/donation received	
	8. Dividend from shares/ unit trust	
	9. Subsidies/ Cost of Living Allowance (BSH/ BR1M)	
	10 Allowance/ Contribution from Armed Forces Fund Board (LTAT)	
	97. Other Specify	
	<ul> <li>Mostly ownself</li> <li>Mostly spouse</li> <li>Jointly together</li> <li>Other - Specify</li> </ul>	
E1	What is the total of your total monthly income after tax? (including income f business, remittances, rental income etc.)	rom salary, profit from
	1. Less than RM1,000	
	2. RM1,000 to RM1,999	
	3. RM2,000 to RM 2,999	
	O 4. RM3,000 to RM3,999	
	O 5. RM4,000 to RM4,999	
	O 6. RM5,000 to RM5,999	
	7. RM6,000 to RM6,999	
	O 8. RM7,000 to RM7,999	
	O 9. RM8,000 to RM8,999	
	O 10. RM9,000 to RM9,999	
	11. RM10,000 or more	

E107 Now, I would like to ask the average monthly expenditure for your typical household needs, excluding housing costs, and the purchase of durable goods.

	1	Continue	paramass or aurabis g		
		What is the average	monthly expenditure	e for vour	Monthly (RM
	a.	Transportations (Petrol, Touvan, etc.)			
	b.	Electricity			
	C.	Water			
	d.	Telephone / Mobile phone/p	repaid		
	e.	Indah water			
	f.	Internet			
	g.	ASTRO/ Netflix/ TV Box			
	h.	Payment for domestic servi etc.)	ces (e.g. domestic he	elp, cleaner, garder	ner,
	i.	Newspapers, magazines, re	ading materials, etc.		
	j.	Toiletries/ Personal care			
	k.	Food (including eating out)/ floor cleaner, garbage bags,		needs (e.g. deterge	ent,
	l.	Membership fees (e.g. club,	gym, resident associa	ation, etc.)	
	m.	House repairs (e.g. plumbing	g, etc.)		
	n.	Other- Specify (e.g. Educated donation, etc.):	tion, condominium/ co 	mmunity maintenar	nce,
E108 To what extent can you manage your monthly expenditure?  On a scale of 1 to 10, with 1 being very difficult and 10 can manage very well.					
		0 0 0	0 0	0 0	0 0
E109 Do you have any monthly instalment?  1. Yes IF YES, ANSWER E110 5. No IF NO, SKIP TO SECTION F  E110 What kind of monthly instalment do you have to pay?  • ENTER all that apply  • For multiple responses, use [space] or [-] to separate responses					
	E110	Type of Instalment	E111_1 Total Loan Amount (with interest)	E111_2 Monthly payment	E111_3 Months remaining

E110 Type of Instalment	E111_1 Total Loan Amount (with interest)	E111_2 Monthly payment	E111_3 Months remaining
☐ 1. Car Loan			
☐ 2. Personal Loan			
☐ 3. Investment Loan			
☐ 4. Housing Loan			
☐ 97. Other - Specify:			

### **SECTION F: HOUSING AND ASSETS**

#### SecStart

Now, I would like to ask you some questions about your housing and asse	ets.
---	------

1	Continue
F101	Is the house that you are currently staying rented?
	O 1. Yes IF RENTED, ANSWER F102
	O 5. No <b>IF NO, SKIP TO F104</b>
	Don't Know Refused
F102	How much is your monthly rental?
F103	For the last 12 months, who mostly pays for the rental?
	<ul><li>1. Mostly myself</li><li>2. Mostly spouse</li><li>3. Mostly somebody else</li></ul>
F104	Do you have any savings?  1. Yes  5. No DK Don't Know RF Refused

F104a What type of savings do you have?

- READ all categories
- ENTER all that apply
- For multiple responses, use [space] or [-] to separate responses

## IF DON'T HAVE ANY SAVINGS, SKIP TO F106

F104a Savings	F104b RM
1. EPF Savings	
2. Bank Savings (Fixed deposit, savings/ current account, etc.)	
3. Properties	
4. Tabung Haji	
5. Unit trust/ ASNB/ Endowment	
6. Shares	
7. Co-operative	
8. Private Retirement Scheme (PRS)	
97. Other - Specify	

F105	Do you own any assets?	
	$\circ$	1. Yes
	$\bigcirc$	5. No
		DK Don't Know
		RF Refused

F105a What type of assets do you have?

- READ all categories
- ENTER all that apply
- ◆ For multiple responses, use [space] or [-] to separate responses

F105b How much would you get if you could sell this [asset]?

F105a What type of assets do you have?	F105b RM
☐ 1. House	
☐ 2. Land	
☐ 3. Other property (e.g. shops, warehouse, parking lot, etc.)	
☐ 4. Shares of business that you own	
☐ 5. Insurance	
97. Others - Specify (e.g. Livestock, etc.)	

#### **Section End**

#### TQ1

This concludes the interview. Thank you again for your time and participation in this study.

As a form of our gratitude for your participation, you will receive a cash incentive. I would like to ask you to sign a form as proof of receipt. Thank you.

#### 1 Continue

#### TQ2

As part of our quality control procedures, someone from the Social Wellbeing Research Centre (SWRC), University of Malaya may contact you to ask a few questions about this interview and to answer any questions you may have about the interview process.

#### 1 Continue

	_	_	-
_		r	-
		u	-7

As I have mentioned earlier, this study will be conducted every two years.
Would you be willing to participate in this study again?
O 1 Yes
○ 5 No

#### TQ4

Would you be willing to receive any communication from us in the future?		
O 1 Yes		
O 5 No GO TO TQ6		

#### TQ5\_1

What form of communication would you prefer?

6. Face to face

97. Other - Specify

<b>&gt;</b>	ENTER all that apply For multiple responses, use [space] or [-] to separate
	1. Mobile Phone
	2. Home telephone
	3. Letters
	4. Text Message
	5. Email

responses

# RIWComplete

## **Interviewer Checkpoint**

- ♦ You have reached the end of the interview.
- 1 Interview Complete