



MALAYSIA AGEING AND RETIREMENT AGEING (MARS 2020)

Respondent Name:	- 	
Address:		
 Tel:		
Interviewer Name:		
Date:		

Social Wellbeing Research Centre (SWRC) Formerly known as Social Security Research Centre (SSRC) Bangunan Tambahan H09, Faculti Ekonomi dan Pentadbiran, Universiti Malaya, 50603 Kuala Lumpur, Malaysia. +603 7967 3795/ 3752

Website: swrc.um.edu.my Email: swrc@um.edu.my



Remarks (For Interviewer only)

No	Date of Interview	Length	Start time	End time

Interviewer Note:

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SECTION A2: COVERSCREEN

RAssign

Interviewer Checkpoint: Is this respondent ablebodied or persons with disabilities?

- ENSURE you are talking to the right respondent
- ENSURE the respondent is able to understand your question
- ENSURE that the respondent Age at Date of Birth must be at least 40 years

\bigcirc	1. Healthy /Able-bodied
\bigcirc	2. Physical disability/Wheelchair-bound
\bigcirc	3. Hearing/Visual/Speech disability
\bigcirc	4. Learning disorder
\bigcirc	5. Dementia/Mental disorder
0	6. Too ill to respond/Paralyze

A1 Participate

Is this respondent able to fully understand about the study and able to participate with minimal help from others?

\bigcirc	1.	Yes
0	5.	No

R1_Name

What is your full name?

A1CS2

Please identify yourself (name and organization) and then read the following text exactly as below.

Good morning/afternoon, my name is______, and I work for the Social Wellbeing Research Centre (SWRC), University of Malaya. We are conducting a nationwide study about issues related to ageing, health and retirement (SHOW LETTER). This address was selected as part of the study's sample, and I may need to interview one or more persons here.

This interview is completely voluntary. If we should come to any question that you don't want to answer, just let me know and I will go on to the next question. We assure that your answers will be treated strictly confidential and no more will be able to identify you in any way from the report of this study.

/ \		
()	4	C
\ <i>\</i>	1	Continue

LanguageSelection_1

A101HH

Is there anyone else who lives with you in this house?

When we talk about households, we mean the collection of people living in the same dwelling or living apart temporarily but functioning as a social and economic unit. Children who live in dormitories/hostels also count as living together.

	_		-
\bigcirc	1.	Υe	s
\bigcirc	5.	No)

A101HHMember

Excluding you, how many people live in this house?

Please include those who have lived at this location most of the time for the past 12 months or living apart temporarily.

No. HH	Member	ſ:
--------	--------	----

List of Household Members

Make a complete list of individuals in the family starting with the respondent. (IWER: List only individuals who have lived at this location most of the time.)

No.	HHName	HHSex	HHAge	HHMaritalStatus	HHRel	HHHealth	HHCondition
	Can you tell their names?	Gender 1. Male 5. Female	Age	Marital Status 1. Never Marrried 2. Currently married 3. Widowed 4. Divorced/ Separated	Relationship to Respondent: 1. Self 2. Spouse 3. Parent/ Parent in-law/ Adopted Parent/ Step Parent 4. Son /Stepson / Adopted son 5. Daughter /Step Daughter / Adopted daughter 6. Sibling 7. Grandchild 8. Grandparent 9. Domestic Maid 10. Other relative 11. Son-in-law 12. Daughter-in-law 97. Other – Specify:	ASK if necessary: Indicate whether [Name] person is able-bodied or persons with disabilities? (Can select more than 1) 1. Healthy / Able-bodied 2. Physical disability/Wheelchair-bound 3. Hearing/Visual/Speech disability 4. Learning disorder 5. Dementia/Mental disorder 6. Paralyze/Too ill to respond	1. Temporary 5. Permanent
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							

HHList	Spouse Identifier	Child Identifier
Now, from the household roster, the following name/ names is/are eligible to participate in this study:	Indicate which household member(s) is spouse to [R1/R2/R3Name]. • Please read out the option list and select their spouse carefully • Allow multiple selection to indicate multiple wives • List down the name and fill in '99' if spouse is not in this household.	Indicate which household member is the children (including stepchildren or adopted children) to this respondent. • List down children name from R2/R3 • Fill in '97' if respondent do not have any children at all • Fill in '99' if respondent have children but all of them live outside
R2Name:	Spouse 1:	Child 1:
	Spouse 2:	Child 2:
	Spouse 3:	Child 3:
		Child 4:
		Child 5:
		Child 6:
		Child 7:
		Child 8:
R3Name:	Spouse 1:	Child 1:
	Spouse 2:	Child 2:
	Spouse 3:	Child 3:
		Child 4:
		Child 5:
		Child 6:
		Child 7:
		Child 8:

HHEndSection

Are	you	done	with	this	section?
-----	-----	------	------	------	----------

O 1. Yes O 5. No

SECTION A3: BACKGROUND

A200	A205
Now I would like to ask a few questions about	What is the highest level of education?
your personal information	1. No schooling/Kindergarten/ Nursing
1. Continue	2. Religious education/Primary school (Standard 1-6)
A202 What is your ethnicity?	3. Lower secondary (Form 1-3
1. Malay	4. Upper secondary (Form 4-5)
2. Chinese	O 5. Vocational/ Technical
3. Indian	6. Pre-U/ Diploma/ Form 6
	7. First Degree
4. Other Bumiputera	8. Postgraduate/ Equivalent
○ 5. Non-Malaysian	Qualification
97. Other Ethnicity – Specify	
A203	A206_1 What is the language you used most at home? Please state only one.
What is your religion?	O 1. Malay
1. Islam	O 2. English
O 2. Hindu	3. Tamil
3. Christian	4. Mandarin
4. Buddhist	5. Other Chinese Dialect (e.g.
97. Other religion – Specify	Hokkien, Cantonese, etc.)
A204_1 What is your marital status?	97. Others – Specify (Local dialects e.g. Iban, Kadazan, etc.)
1. Never married	
O 2. Married	A207 How well do you read and write in this
3. Widowed GO TO NEXT	language?
4. Divorced/ Separated GO TO NEXT	O 1. Good
A204_2	O 2. Average
How long ago since you were widowed/ divorced/ separated?	3. Poor
O 1. Less than 1 year	SecEnd
2. 1 to less than 3 years	Are you done with this section?
3. 3 to 5 years	O 1. Yes
4. More than 5 years	O 5. No
T. MOLE MAIL O YEARS	

SECTION B1: FAMILY INFORMATION & SUPPORT – CHILDREN

B100 Now I would like to ask you about your children. 1. Continue
B101 How many living children, including step children, and adopted children do you have? • ENTER "0" if don't have any living children and skip to B201 • Enter 99 if R refuse to talk about any of his/her children and skip to B106a
No. of Children:
B101a You said previously that the following person(s) live with you. Read out all the names displayed one by one. I will now ask some questions about the children that live with you.
If R has children that were left out from the list, you will have the chance to ask about them in the next question.
O 1. Continue
5. R do not want to talk about his/her children GO TO B106a
B102a_1
Now we want to ask about your children that do not live with you or children that live with you but were not included in the previous list.
O 1. Continue
5. R do not want to talk about his/her children GO TO B106a

B102a

Please complete the following table which relates to information of your children.

No	B102a_2	B102b	B102c	B102d	B102e	B102f	B102g	B103a
	Can you tell me their names? Please tell us names of your living children, including stepchildren and adopted child. Start with the eldest child in birth order	How old is [Childname]? Age: years old	Is [Childname] male or female? 1. Male 5. Female	Is [Childname] your child from your current spouse, child from exspouse, step child or adopted child? 1. Child from current spouse 2. Child from exspouse 3. Stepchild 4. Adopted child 99. Refused to provide information	What is [Childname]'s highest level of education? 1. No schooling/ Kindergarten/ Nursing 2. Religious education/ Primary School (Standard 1-6) 3. Lower secondary (Form 1-3) 4. Upper secondary (Form 4-5) 5. Vocational / Technical 6. Pre-U / Diploma/ Form 6 7. First Degree 8. Postgraduate / Equivalent Qualification	[If age < 17, skip this question] What is [Childname]'s working status? 1. Still in School/ College/ University 2. Working in any type of job 3. Unemployed 4. Not able to work (disabled, old age,ill etc.) 5. Housewife/ Househusband 6. Other – Specify 7. Don't know/ Have no idea	What is [Childname]'s marital status? 1. Never Marrried 2. Currently married 3. Widowed 4. Divorced/ Separated	Where does [Childname] live? 1. Live with respondent 2. Live close by (within 5km) 3. Live elsewhere/ abroad
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								

			Received support from children						
No	B103d	B103e	B104	B104a	B104b_1	B104b_2	B104d		
	In the last 12 months, how often did you meet [Childname] in person? 1. Daily/ Several times a week 2. Several times a month 3. Several times a year 4. Have not met in the last 1 year	[If meet ftf daily/several times a week, skip to the next question] In the last 12 months, how often have you had contact with [Childname], either by phone or email? 1. Daily/ Several times a week 2. Several times a month 3. Several times a year 4. Have not contact in the last 1 year	Now I would like to ask you about the support you have received from your children. Excluding any shared living cost such as rent, utility and/or food (in case of living together), did you receive any kind of support either financial/non-monetary support, from [Childname] in the last 12 months? 1. Yes 5. No SKIP TO B105	Did you receive any financial support from [Childname]? 1. Yes 5. No SKIP TO B104c	How much did you receive?	(How much did you receive?) 1. Month 5. Year	Did you receive non- monetary support from [Childname], including food, clothing, holiday trip? 1. Yes 5. No		
1.									
2.									
3.									
4.									
5.									
6.									
7.									
8.									
9.									
10.									

		Give su	oport to Childre					
No	B105 Now I would like to ask about the support you have given to your child. Excluding any shared living cost such as rent, utility and/or food (in case of living together), did you give any kind of support either financial/nonmonetary to [Childname] in the last 12 months?	Give su B105a Did you give any financial support to [Childname]? 1. Yes 5. No	B105b_1 If yes, how much did you give?	How much did you give?) 1. Month 5. Year	B105d Did you give non-monetary support to [Childname]? 1. Yes 5. No	B106a How frequent do you look after your grandchildren? 1. No, I don't have any grandchildren 2. No, I don't take care of my grandchildren 3. Yes, occasionally 4. Yes, always	B106b If yes, do you receive any money for looking after your grandchildren? 1. Yes 5. No	B106c If no, do you expect to be paid for looking after grandchildren? 1. Yes, it would be nice to receive some 2. No, I don't expect to be paid. 3. No, it is my responsibility to look after my grandchildren. 4. No, no comment. 97. Other - please specify
	1. Yes 5.No							
1.								
2.								
3.								
4.								
5.								
6.							_	
7.								
8.								
9.								
10.								

Sec End
Are you done with this section
O 1. Yes
O 5. No

SECTION B2: FAMILY INFORMATION & SUPPORT - PARENTS

B200a Next I would like to ask you for some information about your parents.
O 1. Continue
B200b
Are your parents/ parents-in-law still alive?
O 1. Yes GO TO B201
O 5. No GO TO SecEnd
B201
Which of your parents, including your father-in-law and mother-in-law, are still alive? Tick (/) all that apply
1. Father
2.Mother
3. Father-in-law
4. Mother-in-law

							Received supp	ort from par	ent	
No	B202a	B202b	B202c	B202g	B202h	B203	B203b	B203b_1	B203b_2	B203d
	What is your [PName] first name? If R refuses to give name, can use alias names.	How old is [PName]? Age: years old	What is [PName]'s marital status? 1. Never married 2. Married 3. Widowed 4.Divorced/ Separated	In the last 12 months, how often did you meet [PName] in person? 1. Live with respondent 2. Live close by (within 5km) 3. Live elsewhere/ abroad	In the last 12 months, how often have you had contact with [PName], either by phone or email? 1. Daily/ Several times a week 2. Several times a month 3. Several times a year 4. Have not met in the last 1 year	Now I would like to ask you about the support you have received from your parent. Excluding any shared living cost such as rent, utility and/or food (in case of living together), did you receive any kind of support, either financial or non-monetary support from [PName] in the last 12 months? 1. Yes 5. No	In the last 12 months, did you receive any financial support from [PName]? 1. Yes 5. No	How much did you receive?	(How much did you receive?) 1. Month 5. Year	In the last 12 months, did you receive non- monetary support from [PName]?
1.										
2.										
3.										
4.										

		Parent	give support			Care or Assistance in daily activities			
No	B204	B204a	B204b	B204b_2	B204d	B205	B205b_1	B205c	
	Now I would like to ask about the support you have given to your parent. Excluding any shared living cost such as rent, utility and/or food (in case of living together), did you give any kind of support, either financial or nonmonetary support to [PName] in the last 12 months? 1. Yes 5. No	In the last 12 months, did you give any financial support to [PName]? 1. Yes 5. No	How much did you give?	(How much did you give?) 1. Year 5. Month	In the last 12 months, did you give non-monetary support to [PName]? 1. Yes 5. No	Please state whether your father, your mother, your father-in-law and your mother-in-law require care or assistance in daily activities such as going to the washroom, eating, cooking etc.? 1. None GO TO C205c 2. Father 3. Mother 4. Father-in-law 5. Mother-in-law	If [your father/ your mother/ your father-in-law/ your mother-in-law] requires care or assistance in daily activities, who will usually help the most? (State at most 2 persons) 1. Myself 2. Spouse 3. Brother 4. Sister 5. Son 6. Daughter 7. Grandson 8. Granddaughter 9. Domestic Maid 10. Professional Caregiver 97. Other Specify (cousin, neighbour, friend etc.)	Does [your father, your mother, your father-in-law and your mother-in-law] require nursing care? 1. Yes 5. No	
1.									
2.									
3.									
4.									

Sec End
Are you done with this section?
O 1. Yes
O 5. No

SECTION B3: FAMILY INFORMATION AND SUPPORT - SIBLINGS

B300
Now I would like to ask you for some information about your siblings.
O 1. Continue
B301
How many living siblings do you have? (Including step siblings and adopted siblings) • ENTER "0" if don't have any living siblings, and skip to SecEnd
Number of living siblings:
B301a
Do you have any siblings that you receive from or you provide support to in the last 12 months. • ENTER "0" if don't have any living siblings that you receive/ you provide support, and skip to SecEnd
Number of living siblings:

B302 Please complete the following table which relates to information of your siblings (Only for those who receive/ give support)

No	B302a	B302b	B302c	B302d	B303f	B303g
	What is your [PName] first name? If R refuses to give name, can use alias names.	How old is [SiblingName]? • Age of Sibling in current year Age: years old	Is [SiblingName] male or female? 1. Male 5. Female	What is [SiblingName]'s marital status? 1. Never Married 2. Married 3. Widowed 4. Divorced/ Separated	In the last 12 months, how often did you meet [SiblingName] in person? 1. Live together with respondent 2. Daily/ Several times a week 3. Several times a month 4. Several times a year 5. Have no contact in the last 1 year	In the last 12 months, how often have you had contact with [SiblingName], either by phone or email? 1. Daily/ Several times a week 2. Several times a month 3. Several times a year 4. Have not met in the last 1 year
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						

	Support Received from Siblings				Give support to siblings					
No	B304	B304a	B304b_1	B304b_2	B304c	B305	B305a	B305b_1	B305b_2	B305d
	Now I want to ask about the support you have received from your sibling. Excluding any shared living cost such as rent, utility and/or food (in case of living together), did you receive any kind of support either financial or non monetary from [SiblingName] in the last 12 months? 1. Yes GO TO B304a 5. No GO TO B305	In the last 12 months, did you receive any financial support from [SiblingName]? 1. Yes GO TO B304b_1 5. No GO TO B304c	If yes, how much did you receive?	(How much did you receive?) 1. Month 5. Year	In the last 12 months, did you receive non-monetary support from [SiblingName]? 1. Yes 5. No	Now I would like to ask about the support you have given to your sibling. Excluding any shared living cost such as rent, utility and/or food (in case of living together), did you give any kind of support either financial or non-monetary to [Siblingname] in the last 12 months? 1. Yes GO TO B305a 5. No GO TO SecEnd	months, did you give any financial support to [SiblingName]? 1. Yes GO TO B305b_1 5. No GO TO	How much did you give?	(How much did you give?) 1. Month 5. Year	In the last 12 months, did you give non- monetary support to [SiblingName]? 1 Yes 5 No
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										

Sec End
are you done with this section?
O 1. Yes
O 5. No

SECTION C1: HEALTH STATUS

C100 Now I would like to ask some questions about your health. 1. Continue C101 Which of the following best describes your current health status? 1. Good 2. Fair 3. Poor	C103 Do you suffer from any form of physical disability? If yes, what is the form of physical disability are you suffering with? O. I do not have any form of physical disability SKIP TO C104 1. Blind / unable to see / visual impairment 2. Deafness / unable to hear / hearing impairment 3. Unable to speak 4. Wheelchair-bound
C102 Compare your current health to your health for the last 12 months, would you say your health now is better, about the same, or worse? 1. Better 2. About the same 3. Worse	C103_1 What is the type of disability? ① 1. Temporary ② 2. Permanent C104 Have you been diagnosed with any illnesses? ① 1. Yes ③ 5. No GO TO C105a 1

No	Have you been diagno [illness]? 1. Yes 5. No	osed with	When were you first diagnosed with [illness]? Year:	Are you on any treatment or taking medication for [illness]? 1. Yes 5. No	Does [Illness] limit your daily activities? 1. Yes 5.No
C104a_1	Asthma				
C104b_1	Bladder disorder (difficulty in urinating, enlarged prostate)				
C104c_1	Cancer or other malignant tumour (including leukaemia, lymphoma)				
C104d_1	Stroke				
C104e_1	Chronic lung disease (chronic bronchitis, emphysema etc.)				
C104f_1	Dementia/Alzheimer's				
C104g_1	Depression, emotional disorder				
C104h_1	Diabetes				
C104i_1	Femoral neck fracture				
C104j_1	Heart diseases (angina, heart failure, cardiac infarction, heart valve disease, etc.)				
C104k_1	High blood pressure				
C104I_1	High cholesterol				
C104m_1	Joint disorder (arthritis, rheumatism)				
C104n_1	Liver disease (hepatitis B or C,				

No	Have you been diagnosed with [illness]? 1. Yes 5. No	When were you first diagnosed with [illness]? Year:	Are you on any treatment or taking medication for [illness]? 1. Yes 5. No	Does [Illness] limit your daily activities? 1. Yes 5.No
	hepatic cirrhosis etc., excluding liver cancer)			
C104o_1	Osteoporosis			
C104p_1	Parkinson's disease			
C104q_1	Ulcer or other gastrointestinal disorder			
C104r_1	Vertigo			
C104s_1	Have you been diagnosed with other diseases?			
C104s_1a	What type of disease?			

C105

C105_1		C105_3
In the last 24 months, were you involved in any accidents that affects your physical health?		Does the [accident] limit your daily activities? 1. Yes 5. No
□ 0. No		
1.Automobile Accident		○ 1. Yes ○ 5. No
2. Fall down	C105b_2: Times:	O 1. Yes O 5. No
3. Hit by a falling object		O 1. Yes O 5. No
97. In the last 24 months, were you involved in any other accident that affects your physical health?	What type of accident that affects your physical health?	O 1. Yes O 5. No

C106	Do you worry about falling down?
	1. Yes, I'm worried.
	O 2. Yes, a little
	3. Not at all
C107	How much of the time during the past 4 weeks did you feel tired?
	O 1. Always
	O 2. Often
	O 3. Sometimes
	O 4. Rarely
	O 5. Never

C108	1. Yes, all the time 2. Yes, more than 15 days in a month 3. Yes, 5-15 days in a month 4. Yes, no more than 5 days in a month 5. No
C109	If yes, have you ever used any absorbent products such as pads, special garments, sanitary napkins, or toilet paper for your urine loss condition? And how often is that? 1. Always/ Often 2. Sometimes 5. No
C110	Do you wear eyeglasses or corrective lens, including reading glasses? 1. Yes, I wear glasses for vision and reading 2. Yes, I wear glasses for vision only 3. Yes, I wear glasses for reading only 5. No
C111	How would you rate your current vision/eyesight for seeing things at a distance, like recognizing a friend across the street when wearing eyeglasses or corrective lens? 1. Good 2. Fair
C112	How would you rate your eyesight for seeing things at a distance, like recognizing a friend across the street without wearing eyeglasses or corrective lens? 1. Good 2. Fair
C113_	1 Have you ever had eye surgery? 1. Yes, lens replacement
C114	Do you wear a hearing aid? 1. Yes 5. No
C115	How would you rate your current hearing ability when wearing a hearing aid? 1. Good 3. Poor 2. Fair
C116	How would you rate your hearing ability without wearing a hearing aid? O 1. Good O 2. Fair O 3. Poor
C117_ ⁻	1 Have you ever had any ear surgery? O 1. Yes S 5. No

C117_2	If yes, what type of ear surgery did you have?			
C118a	Have you ever visited a dentist or a dental hygienist? This include visits maintenance of dentures or the treatment of oral focal infection (pyorrheto the dentist? 1. Less than 6 months ago 2. 6 months to 1 year ago 3. 1 to 3 years 4. 3 to 5 years 5. Never visited any dentist before			isit
C118	Do you wear dentures?? 1. Yes, both upper and lower teeth 2. Yes, either upper or lower 3. Yes, at least one tooth 5. No			
C119	How would you rate your ability to chew solid or crispy food such as me 1. Good 2. Fair 3. Poor	eat, biscuits or	apple with dentures?	?
C120	How would you rate your ability to chew solid or crispy food such as med 1. Good 2. Fair 3.	at, biscuits or a Poor	pple without denture	es?
C120a	In the past 6 months, do you have any problems with your teeth or dentur problems: 1. Continue	res that cause y	ou to have the follow	ing
C120b	Difficulty eating food	O 1. Yes	O 5. No	
C120c	Difficulty speaking clearly	O 1. Yes	O 5. No	
C120d	Problems with smiling, laughing and showing teeth without embarrassment	O 1. Yes	O 5. No	
C120e	easily upset than usual	O 1. Yes	O 5. No	
C120f	friends or neighbours	O 1. Yes	O 5. No	
C120g	Do you think you need dental treatment?	O 1. Yes	O 5. No	
C121	How often do you have trouble falling asleep? 1. Most of the time 2. Sometimes	3. Rarely/ N	lever	
C122	How often do you have trouble with waking up too early and not being a 1. Most of the time 3. Rarely/ Never 2. Sometimes	able to fall asle	ep again?	

C128	Are you still having menstrual periods? O 1. Ya GO TO SecEnd O 5. No
C129	How old were you when you had your last menstrual period?
	year
C130	Did you suffer from menopausal problems in the months leading to menopause? O 1. Yes O 5. No
SecEnd	d Are you done with this section?
0	1. Yes
\circ	5. No

If respondent is male, skip to Section C2.

SECTION C2: RISK FACTORS

C200 Now I would like you some questions about smoking? 1. Continue
C201 Have you ever smoked? (e.g. cigarettes, e-cigarettes, vapes, shisha, cigars, pipes, etc.)? 1. Yes 5. No
C202a How old were you when you started smoking? Age: years old
C202b Do you currently smoke? O 1. Yes O 5. No GO TO C202d
C202c In total, how many years have you been smoking? years old
C202d How old were you when you stopped smoking? Age: years old
C202e What do you smoke the most? Pick only one. 1. Cigarettes 2. E-Cigarette 3. Vapes 4. Cigars 5. Pipe/ Tobacco 6. Shisha
C202f Usually how many sticks/ times do you smoke in a day? sticks/times per day
C203 Have you ever consumed any alcoholic beverages such as beer, wine or toddy? O 1. Yes O 5. No
C204a How old were you when you first started consuming alcoholic beverages? years old
C204b Do you currently drink alcoholic beverages? O 1. Yes S 5. No
C204c How many years have you been drinking? years old
C204d How many years altogether have you been drinking before you stopped drinking? years old
C204e For the past 1 month, how often have you had a drink containing alcohol? 1. Never 2. Once a month 3. 2 to 3 times a month 4. 4 or more times a month
Sec End Are you done with this section? 1. Yes 5. No

SECTION C3: PSYCHOSOCIAL

need to talk about your worries?

you are counting on them?

demands on you?

d

How often does your spouse make too many

How often does your spouse let you down when

How often does your spouse get on your nerves?

01							
	Statement	1 Never		2 arely	3 Sometimes	4 Often	5 Always
	How often did you experience boredom and lose interest in most things?	0	0		0	0	0
	How often did you experience trouble in concentrating?	0	0		0	0	0
	How often did you experience sadness/ feeling blue/ depressed?	0	0		0	0	0
d. I	How often did you feel happy/ cheerful?	\bigcirc			0	\circ	0
e. I	How often did you feel anxious/ stressed?	0	0		0	0	0
_	Generally, how often did you feel that you are satisfied with your life?	0	0		0	0	0
h.	How often did you experience loneliness?	\circ			0	0	0
	In general, how often did you experience disappointment in your life?	\circ	0		0	0	0
_	How often did you feel down on yourself, no good or worthless?	0	0		0	0	0
	How often did you think about death – either your own, someone else's, or death in general?	0	0		0	0	0
	How often did you experience isolated or sidelined from others?	0	0		0	0	0
	How often did you feel that there are people you can talk to/ share your feelings?	0	0		0	0	0
	How often did you feel that there are people you can turn to for help?	0	0		0	0	0
	How often did you feel that there are people you are close to?	0	0		0	0	0
302	Now I would like to ask you some questions at 1. Continue Statement		1	2	3	4	5
а	How much does your spouse really understan		Never	Rarely	Sometime	S Often	Always
	way you feel about things?						0
h	How often can you open up to your spouse it	T VOLL	\cap	\cap			()

Now I would like to ask about your behaviour and the feelings that you have experienced for the last 6 months.

 \bigcirc

0

Who has the final say in decisions about major family issues? 1. I do always 2. I do mostly 3. We have equal say 4. My spouse does mostly 5. My spouse does always 6. Someone else C305 Please state how much you agree or disagree with each of the following statements. 1. Continue Statement Disagree Neutral Agree a. I often feel helpless in dealing with the problems of life e. There is really no way I can solve the problems I have. g. When I really want to do something, I usually find a way to succeed at it. i. What happens to me in the future mostly depends on me. k. I am leading a meaningful purpose in life. l. I have a loving family. m. I continue to have friends who care for me. n. I am financially independent. o. I can still contribute to society. p. I believe I will not need long term care when I'm older. q. I will continue working as long as my mental and physical capability permit s. I am prepared to be living alone. t. I am prepared to take care of my own health. y. The government should provide a monthly old age allowance for all older persons. v. Taking care of grandchildren is part of my responsibility. w. The government should make it mandatory for children to support
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C305r Ideally, I want to live until I reach Interviewer probing points:: 1. Ideally up to age 2. Milestone (e.g. God's will, I would like to live to see all my children/grandchildren married, I would lil live as long as I am healthy etc.) 3. I don't expect to live long because of my health condition C305u I am prepared to live in an assisted living facility (e.g. care centre for the elderly public/private, retirement vietc.) 1. Yes GO TO C305u_1
○ 5. No GO TO C305u 2

C305u_1 Jika Yes, why? O 1. I am living alone/ I don't have anyone to take	care of me/ My family don't care about
2. I don't want to burden my family	care of file/ My family don't care about
3. I want to socialize and make friends	
4. I will be properly looked after	
97. Others – Specify :	
O 97. Others – Specify .	
C305u_2 Jika No, why?	
1. The facilities and/or services are poor	
 2. I cannot afford to live in private facilities 	
O 3. I don't want to move out from my house	
O 4. I still have my family members to take care of	me
O 5. I don't want others to think that I'm being abar	ndoned
O 97. Others - Specify	
C305z_1 If needed, are you prepared to receive home-help preparation of food, managing medication, househouse 1. Yes 5. No	
C305z_2 If YES, are you prepared to pay for this service/as	ssistance?
O 1. Yes	
2. Yes, if the payment is reasonable	
O 3. No	
C305z_3 Thinking about your long-term care, who is the model of the second of the model of th	ost likely person to look after you when in need?
C305aa I feel safe when I am out alone in my neighborhood during the day.	C305ab I feel safe when I am out alone in my neighborhood at night.
1. Disagree	1. Disagree
O 2. Neutral	O 2. Neutral
O 3. Agree	O 3. Agree

No	Statement	1. Never/ Rarely	2. Sometimes	5. Often Alway
a.	How often do you take care of a sick or disabled adult in the past 6 months?	0	0	0
b.	How often do you do activities with young children? (e.g. go to playground, go to shopping mall, watch TV etc.)	0	0	0
d.	How often do you do volunteer/ communal charity work?	0	0	0
g.	How often do you attend meetings of non-religious organisations (e.g. political party/ residence association/ Parents & Teachers Association (PTA)?	0	0	0
h.	How often do you read books, ebooks, magazines or newspapers?	0	0	0
i.	How often do you watch television?	0	0	0
I.	How often do you use computer/ smartphone for e-mail, Internet, watch videos or other purposes?	0	0	0
m.	How often do you go for a walk/ jog/ gym/ exercise/ sport activities?	0	0	0
n.	How often do you do gardening/ pet rearing/ other hobbies?	0	0	0
q.	How often do you go out for social outings (e.g. eating out, meeting friends, going to the cinema, etc.)?	0	0	0
r.	How often do you participate in religious activities such as gathering, prayers, fasting, read holy books, attend services etc?	0	0	0

O 1. Yes O 5. No

SECTION C4: ADL/IADL

C400	Now I would like to ask you activities that you are involved in? 1. Continue
C401	How often do you take part in sports/ activities that are vigorous (e.g. running, swimming, cycling, aerobics, tennis, or digging with a hoe or shovel, etc.)? O 1. Every day O 2. More than once a week O 3. Once a week O 4. One to three times a month O 5. Rarely/ Never
C402	How often do you take part in sports/ activities that are moderately vigorous (e.g. gardening, cleaning the car walking at a moderate pace or dancing, etc.)? 1. Every day 2. More than once a week 3. Once a week 4. One to three times a month 5. Rarely/ Never
C403	How often do you take part in light exercise/ activities (e.g. Tai Chi, vacuuming or home cleaning, etc.)? 1. Every day 2. More than once a week 3. Once a week 4. One to three times a month 5. Rarely/ Never

Activities of If you need help in any activities, who No Daily Level of needed Living (ADL) assistance usually will help? 1. Able to do it all by myself 1. Spouse 2. Sometimes need some 2. Son help 3. Daughter 3. Always need some help. 4. Grandson 5. Granddaughter 4. Always need help. 6. Domestic Maid 7. Professional Caregiver 97. Other Specify (e.g. Friends, relatives, neighbour, etc.) **Bathing** a. b. Dressing c. Grooming Mouth care d. Toileting e. f. Transferring bed/ chair Walking around the g. house h. Climbing stairs i. Eating

Next, I would like to ask whether you need assistance in performing the

following activities for the past one week.

O 1. Continue

C405 Now I would like to ask you whether you have any difficulty in performing the following activities.

O 1. Continue

C404

	Statement		
	Statomont	1. Yes	5. No
a.	Do you have any difficulty with walking 100 meters?	0	0
b.	Do you have any difficulty with sitting on a chair for two hours continuously?	0	0
C.	Do you have any difficulty with getting up from a chair after sitting continuously for a long time?	0	0
d.	Do you have any difficulty with walking several steps up the stairs without using the handrail?	0	0
e.	Do you have any difficulty with taking one step up the stairs without using the handrail?	0	0
f.	Do you have any difficulty with squatting or kneeling?	\circ	0
g.	Do you have any difficulty with raising your arms above your shoulders?	\circ	0
h.	Do you have any difficulty with pushing or pulling a large object such as a chair or a table?	\circ	0
i.	Do you have any difficulty with lifting or carrying an object weighing 5kg or more, such as a bag of rice?	0	0
j.	Do you have any difficulty with picking up a small object such as a 10 cent coin from a desk with your fingers?	0	0

C406 Next	t, I would like to ask whether you have any difficulty in performing the following activities in the last week?
\bigcirc	1. Continue

No	Instrumental Activities of Daily Living (IADL)	Level of needed assistance 1. Able to do it all by myself 2. Sometimes need some help 3. Always need some help 4. Always need help	If you need help in any activities, who helps? 1. Spouse 2. Son 3. Daughter 4. Grandson 5. Granddaughter 6. Domestic Maid 7. Professional Caregiver 97. Other Specify (e.g. Friends, relatives, neighbour, etc.)
a.	Shopping		<u> </u>
b.	Cooking		
C.	Managing your medications (obtaining and taking medications)		
d.	Using the phone and looking up numbers		
e.	Doing housework		
f.	Doing laundry		
g.	Driving/ riding a motor vehicle		
h.	Using public transportation		
i.	Visiting friends or relatives		
j.	Managing money such as paying your bills and keeping track of expenses		

Sec End Are you done wit	h this section?
O 1. Yes	
O 5. No	

SECTION C5: COGNITION

NOW I V	O 1. Continue
C501	How would you rate your memory at the present time? Would you say it is good, fair or poor? 1. Good 2. Fair 3. Poor
C502	Would you say your memory is better now, about the same or worse now compared to two years ago? 1. Better now 2. About the same 3. Worse now than it was then
C503	I will read a set of 10 words and ask you to recall as many as you can. Please listen carefully as I read the se of words because I cannot repeat them. When I finish, I will ask you to recall aloud as many of the words as you can, in any order.
	Do you understand my explanation?
	O 1. Continue
C503_	1 Now I will read out the words.

READ the following list of words to the respondent once. However, if the respondent had trouble hearing the words, you may repeat just once. The order in which the respondent recall the words does not matter.

List 1	List 2	List 3	List 4
1. Hand	1. Village	1. Fire	1. Door
2. River	2. Mountain	2. Lamp	2. House
3. Tree	3. Sky	3. Spoon	3. Pencil
4. Water	4. Finger	4. Paper	4. Leg
5. Book	5. Wood	5. Eye	5. TV
6. Bicycle	6. Plate	6. Egg	6. Lorry
7. Fan	7. Bread	7. Flower	7. Vegetable
8. Car	8. Key	8. Candle	8. Blue
9. Ball	9. Battery	9. Yellow	9. Bottle
10. Box	10. Boat	10. Gate	10. Table

O 1. Continue

C503_2 Please tell me the words you can recall.

- PERMIT as much time as R wishes -- up to about 2 minutes
 ENTER '97' if R stuck on the answers.

List 1	List 2	List 3	List 4	
1. Hand	1. Village	1. Fire	1. Door	
2. River	2. Mountain	2. Lamp	2. House	
3. Tree	3. Sky	3. Spoon	3. Pencil	
4. Water	4. Finger	4. Paper	4. Leg	
5. Book	5. Wood	5. Eye	5. TV	
6. Bicycle	6. Plate	6. Egg	6. Lorry	
7. Fan	7. Bread	7. Flower	7. Vegetable	
8. Car	8. Key	8. Candle	8. Blue	
9. Ball	9. Battery	9. Yellow	9. Bottle	
10. Box	10. Boat	10. Gate	10. Table	
97. Stucked on the answers	97. Stucked on the answers	97. Stucked on the answers	97. Stucked or the answers	n 🔲

	o. Dicycle	ш	. I late	Ш	o. Lgg		O. LOTTY		
	7. Fan	7	. Bread		7. Flower		7. Vegetable		
	8. Car	□ 8	. Key		8. Candle		8. Blue		
	9. Ball	□ 9	. Battery		9. Yellow		9. Bottle		
	10. Box	<u> </u>	0. Boat		10. Gate		10. Table		
	97. Stucked on the answers		7. Stucked on ne answers		97. Stucked the answers	on	97. Stucked the answers	on	
C504 Next, please try to count backwards, as quickly as you can, from the number I will to stop. (To expand on this - count backwards from 5 is 5, 4, 3, 2, 1). Please start with: 20 You may stop now. Thank you. 1. Correct 5. Incorrect						I will give you. I	will tell yo	ou when	
	C505 Now let's try	_	ubtraction of num	ibers.					
	C505a		C505b			C505c			
	One hundred mir what?	nus 7 e					om that?		
	Answer:	_	Answer: _		_	Answer:			
			1						

C506	A little while ago, I any of the words the	at you	remember now.	·	·	ones you	could rememb	er. Please	tell n
	 ◆ ALLOW R to start over if he/she wishes to do so ◆ ENTER '97' if R stuck on the answers, GO TO C507 								
	List 1		List 2		List 3	3	List	4	7
	1. Hand		1. Village		1. Fire		1. Door		
	2. River		2. Mountain		2. Lamp		2. House		
	3. Tree		3. Sky		3. Spoon		3. Pencil		
	4. Water		4. Finger		4. Paper		4. Leg		
	5. Book		5. Wood		5. Eye		5. TV		
	6. Bicycle		6. Plate		6. Egg		6. Lorry		
	7. Fan		7. Bread		7. Flower		7. Vegetable		
	8. Car		8. Key		8. Candle		8. Blue		
	9. Ball		9. Battery		9. Yellow		9. Bottle		
	10. Box	Щ	10. Boat		10. Gate		10. Table	∐	
	97. Stucked on the answers	Ш	97. Stucked of the answers	on 🗌	97. Stucked the answers	on	97. Stucked the answers	on	
C507	What year are we in • DISPLAY C								
\circ	1. Correct								
\circ	5. Incorrect								
C508	What is the date toda • DISPLAY C		Date						
\bigcirc	1. Correct								
\bigcirc	5. Incorrect								
C509	What month are we i		•						
\circ	1. Correct								
\bigcirc	5. Incorrect								
C510	What day of the wee		Day						
\circ	1. Correct		,						
Ŏ	5. Incorrect								
C511	Now I'm going to a		for the names of		ople and things.	What do	people usually (use to cut p	pape
\bigcirc	1. Correct	alisv	rer is scissuis 01	SIICAIS					
Ŏ	5. Incorrect								
C512	•		l of thorny fruit tha	it has a st	trong smell?				
\bigcirc	1. Correct								
\circ	5. Incorrect								
C513			Minister of Malays		⁄assin				
\circ	1. Correct			-					
\circ	5. Incorrect								

	CORRECT answer is Tunku Abdul Rahman Correct
O 5	5. Incorrect
C515 In	 60 seconds, please name as many animals as fast as you can. ENTER total correct animal answers
To	otal correct animal answers:
bii	orrect answers include any living thing that is not a plant. Examples include mammals, reptiles, amphibians, rds, fish, marsupials, rodents, cetaceans (like dolphins and whales), invertebrates (for example, an octopus), any insects are counted as animals.
	a respondent gives the specific name of their pets or others' pets and you are sure that they are naming pets, at would be acceptable as a correct response too.
E	xtinct animals (dinosaurs) would be acceptable too.
lf y	you are not sure whether what respondent names is an animal, count it as correct.
Sec End A	Are you done with this section?
_	. Yes
○ 5	5. No

SECTION C6: HEALTHCARE UTILIZATION

C60	00 N	low I would like to ask you some questi 1. Continue	ons about	healthcare utilization.			
C60)1 C	Do you have any private health insurance, including employer-sponsored insurance? 1. Yes 5. No					
C60	2 How much does your private/ personal health insurance policy cover?						
		ENTER "0" if respondent do n	ot know				
	R	RM					
C60							
000	.0 1		·	Simum caon your.			
	_	·	IOL KITOW				
	K	RM					
C60	4_1 V	Who pays for your health insurance?					
		1. Ownself					
		2 Spouse					
		O 3 Son					
		O 4 Daughter					
		O 5 Employer					
		O 97 Other - Specify					
C60		he last 12 months, did you go for any o plesterol, mammogram, pap smear, col			general health sci	een,	
	No	In the last 12 months, did you go for any of the following medical check-up?	1. Yes 5. No	Who paid for your medical check-up? 0.No payment 2.Employer 4.Personal health insurance 5.Self/ Family/ Household member 7.Part insurance, part self-paid 97. Other Specify	How much did pay for me check-up?	you dical	
	a.	General health screening (e.g. blood-sugar level, cholesterol etc.)					
	b.	Mammogram					
	C.	Pap Smear					
	d. e.	Colonoscopy Prostate					
	f.	Bone density					
C60	6 Wh	ere do you normally go for medical che 1. Government health facility 2. Private health facility	·				
		3. Never go for any medical check	K-UD				

C606_1 If NO, what is the main reason for not going for medical check-up?
1. Wanted to do medical check-up but it is difficult to travel to a medical check-up facility (Either because of the distance or traveling cost)
2. Did not expect any problem as the previous check-up went fine
O 3. Too busy
O 4. Could not afford
O 5. Afraid of results
O 6. Did not see a need
O 97. Other - Specify:
C607aa Have you seen or talked to a medical doctor about your health, including emergency room, clinic visits, or house calls for the past 12-months? This includes visits with nurse practitioners and physician assistants, regular visits for treatment such as dialysis and cancer treatment and medical tests or procedures performed by anyone practicing under a doctor's supervision such as mammograms or x-rays. Physical therapy or rehabilitation services should not be included. 1. Yes 5. No GO TO C607_1
○ 5. NO GO 10 C007_1
C607ab How many times have you seen or talked to a medical doctor about your health, including emergency room, clinic visits, or house calls in the past 12-months? For regular visits for treatment, each visit counts as one time.
Times:
C607ac On average, how much did you pay per visit? Please state the amount even if someone else paid on your behalf.
RM:
C607_1 Where do you normally get your outpatient treatment?
1. Government health facility
2. Private health facility
3. Traditional/ alternative medicine practitioner
97. Other - Specify:
C608_1 Who would normally accompany you to go for treatment?
1. Spouse
2. Son/ Son-in-law
3. Daughter/ Daughter in law
4. Grandson
5. Granddaughter
6. Niece/ Nephew
7. No Companion
O 97. Other - Specify:
C609 Have you ever been hospitalised during the last 12 months?
O 1. Yes
○ 5. No
C610 How many times have you been hospitalised in the last 12 months?
times

C611_1 WI	ho accompanied	you the most durin	g your ho	spitalization?		
\circ	1. Spouse					
\circ	2. Son/ Son-in	-law				
\circ	3. Daughter/ D	aughter in law				
\circ	4. Grandson					
\circ	5. Granddaugh	nter				
\circ	6. Niece/ Neph	new				
\circ	7. No Compan	ion				
0	97. Other – Sp	ecify:				
	hat is/are the rea	son(s) for your hos	oitalizatior	n(s)? Please choos	e five most seriou	s ones, if there are more
than five.						
(1. Asthma					
(2. Bladder di	sorder (difficulty in u	urinating,	enlarged prostate)		
(3. Cancer or	other malignant tun	nour (inclu	ıding leukaemia, ly	mphoma)	
(O 4. Stroke					
(5. Chronic lui	ng disease (chronic	bronchitis	s, emphysema, etc	.)	
(○ 6. Dementia/	Alzheimer's				
(7. Depression	n, emotional disorde	er			
(3. Diabetes					
(9. Femoral N	eck Fracture				
(10. Heart dis	eases (angina, hea	rt failure, d	cardiac infarction, h	neart valve disease	e, etc.)
(11. High bloc	od pressure / Hyperi	ension			
(12. High chol					
(13. Joint disc	order (arthritis, rheui	matism)			
(14. Liver dise	ease (hepatitis B or	C, hepatio	c cirrhosis etc. excl	uding liver cancer)
(15. Osteopor	osis				
(◯ 16. Parkinsor	n's disease				
(17. Ulcer or o	other gastrointestina	al disorder			
(○ 18. Vertigo					
(O 19. Other (Sp	ecify the most serio	ous)			
Please writ	e down the disea	ases (in numbering)				
Diseases						
C613 Did y	ou have to pay f	or your hospitalizati	on?			
O 1. `	Voo					
O 1.						
○ 5. l	INU					

	0. No payment
\circ	1. Employer
\circ	2. Personal Health Insurance
\circ	3. Self/ Family/ Household member
\circ	4. Part insurance, part self-paid
_	97. Other – Specify:
Sec En	d Are you done with this section?
\circ	1. Yes
\circ	5. No

C614_1 If YES, who paid for your hospitalization?

SECTION D1: EMPLOYMENT D100 Now I would like to ask you your employment status. O 1. Continue D101_1 Are you working now? Working now is defined as involvement in any type of activity to generate regular or irregular income. If you are working as hawker, online/at home business, GrabDriver, dispatch, fisherman, rubber tapper, babysitter, is considered as WORKING NOW. O 1.Yes **GO TO D104** ○ 5.No GO TO D101 2 D101 2 If no, have you ever worked? O 1.Yes GO TO D101 3 O 5.No GO TO D101_4 If yes, reason for not working now D101 3 1. Poor Health/ Disability/ Health Condition GO TO D101_5 2. Retired GO TO D101_7 (pg45) 3. Laid off / termination of contract GO TO D101 5 4. Family commitment (to take care of child or parent, unpaid family worker) GO TO D101_5 5. No longer interested GO TO D101 5 O 6. Not allowed GO TO D101_5 97. Other – Specify: D101 4 If no, reason for never work 1. Poor Health/ Disability/ Health Condition 2. Family commitment (to take care of child, or parent, unpaid family worker) 3. Not interested O 4. Not allowed 97. Other – Specify: _____ year / _____ month(s)

D101 5

D101_6

How long have you not been working?

Do you still want to work?

O 1.Yes O 5.No

GO TO D101 6

	D101_1 =1 If respondent	is working now
D104	If you are working now, which category do you be	long to?
	1. Self-employed (including GrabDriver, Farme Rubber Tappers, Photographer, Designer) GC	
	 2. Own business/ Own account worker (includ registered) 	ing Home/online business, registered/or not
	3. Government/ Statutory body/ State Governr	ment (Head of village, ADUN)
	4. Private Organization/ Employer/ GLCs/ CO-	OP
	5. NGO/ NPO (Mosque (Imam), Church, Asso	ciations)
	, , , , , , ,	,
D104_1	How would you describe your primary work? Who	
	Please describe the work description in detail. The to categorize the work into an occupation code and	e description should be clear and sufficient enough an industry code post interview.
D105a	If self-employed/own business, is your business re	egistered?
	O 1. Yes	
	○ 5. No	
D109	What is your assumption?	
D109	What is your occupation?	
	1. Manager (CEO, Managing Director, Administrative	6. Service and sales worker (Cook, waiter, hairdresser, cashier, fire
	Manager, Legislator)	fighter, police officer, security guard, etc.)
	 2. Professional (Scientist, engineer, architect, doctor, lecturer, teacher, accountant, lawyer, 	7. Skilled agricultural, forestry and fishery (Worker in livestock and dairy producer, farm, fishery, forestry, etc.)
	economist, journalist, etc.)	8. Craft and related trades worker
	3. Technician and associate Professional (Technician, medical assistant, chef,	(Carpenter, plumber, painter, welder, mechanic, butcher, baker, tailor, etc.)
	insurance agent, real estate agent, photographer, etc.)	9. Plant and machine operator and assembler
	O 4. Clerical support worker (Clerk, call centre operator, customer	(Machine operator, assembler, driver, ship crew, etc.)
	service executive, receptionist, bank teller,	10. Elementary occupation
	etc.)	(Janitor, labourer, street vendor,
	○ 5. Armed Force	garbage collector, etc.)
	(Army, navy, air force, etc.)	

What industry do you work in?	
 1. Agriculture, forestry, and fishery 2. Mining and quarrying 3. Manufacturing 4. Electricity, gas, steam and air conditioning supply 5. Water supply; sewerage, waste management and remediation activities 6. Construction 7. Wholesale and retail trade; repair of motor vehicles and motorcycle 8. Transportation and storages 9. Accommodation and Food service activities 10. Information and communication 11. Financial and insurance/ takaful activities 	 12. Real estate activities 13. Professional, scientific and technical activities 14. Administrative and support service activities 15. Public administration and defence; compulsory social security 16. Education 17. Human health and social work activities 18. Arts, entertainment and recreation 19. Other service activities; activities of membership organisations, repairs of personal and household goods 20. Activities of households as employers; undifferentiated goods and services- producing activities of households for own use 21. Activities of extraterritorial organizations and bodies
For your current job/ business, how many hours ar hours	e you working in a week?
How long do you expect to work for your current er 1. Less than 1 year 2. 1 - 2 years 3. More than 2 years to 3 years 4. More than 4 years 5. I want to resign and get a new job 6. I want to resign and stop working altoge	
Now, I would like to ask you about certain aspects 1. Continue	of your current job.
Please say how often the following statements are (where 1 is Never/ Rarely, 2 = Sometimes, 3 = Often Statement a. How often does your job require lots of physi b. How often does your job require lifting heavy c. How often does your job require stooping, knd. How often does your job require good eyesig e. How often does your job require intense cond f. How often does your job require skills in deal g. How often does your job require you to work h. How often do you feel your job is more challed job?	en/ Always, 99 = Not Applicable). 1 2 3 99 cal effort?
	 ○ 1. Agriculture, forestry, and fishery ○ 2. Mining and quarrying ○ 3. Manufacturing ○ 4. Electricity, gas, steam and air conditioning supply ○ 5. Water supply; sewerage, waste management and remediation activities ○ 6. Construction ○ 7. Wholesale and retail trade; repair of motor vehicles and motorcycle ○ 8. Transportation and storages ○ 9. Accommodation and Food service activities ○ 10. Information and communication ○ 11. Financial and insurance/ takaful activities For your current job/ business, how many hours ar hours How long do you expect to work for your current enders and the properties of the propert

D131	Now, I would like to ask whether you agree with the following statements concerning your current job. (where 1= Strongly Disagree, 2= Disagree, 3= Neutral, 4= Agree, 5= Strongly Agree)
	d. Your salary is adequate
	e. Your job security is good
	f. You are satisfied with the work environment of your job
	g. You are satisfied with the work you are assigned to do
	h. Your job involves a lot of stress.
	i. You really enjoy going to work
	j. Overall, you are satisfied with your current job.
D122	Now I would like to ask you some questions about your retirement planning.
	O 1. Continue
D123	How often have you thought about retirement/stop working?
	O 1. Always
	O 2. Sometimes
	O 3. Rarely/ Never
D124	When you retire, do you plan to stop work altogether or reduced work hours, have you not given it
	much thought, or what?
	O 1. Stop work altogether
	O 2. Never stop work
	3. Not given much thought
	4. No current plans, continue as is
	5. Reduce work hours
	6. Change kind of work
	7. Work for myself
	8. Work until my health fails
	D101_3 = 2, If the respondent is retired
D101_7	How many years have you been retired/not working?
	year / month (s) GO TO D132
D132_1	What was the main reason for your retirement?
	1. Having enough income/ spouse
	2. No interest to continue to work
	3. To spend more time on leisure
	4. To spend more time on family/ children
	5. To do volunteer work/ to pursue hob
	6. Due to poor health
	7. Due to the poor health of spouse/ family members

GO TO D132_2

12. Economic condition/ environment/ retrenchment (business drop in rubber prices, disease outbreak etc.)

O 8. Due to poor health of other family members

9. Personal and Family Issue10. Could not find another job

O 11. Workplace issue

O 97. Other - Specify

13. Mandatory retirement

D133	something you 1. W 2. Fo	k to the time you completely retired ou felt you were forced into? anted to do orced into art wanted, part forced	d, was	s that so	mething you	wanted to do	or
D134	1. Ve 2. Me 3. No	you satisfied with your retirement? ery satisfied oderately satisfied ot satisfied					
D135	O 1. Be	efore and after retirement, what we etter than before retirement rout the same corse than before retirement	ould y	ou say a	bout your lif	e after retiren	nent?
D136	Please tell m	read statements which are positive whether, for you, these were not ontinue			rly important	· 	:
		Statement	N	1 Not ortant	2 Fairly Important	3 Important	
		a. Having freedom and independence.	(0	0	0	
		b. Being able to take it easy/ relax	(0	0	0	
		c. Having the chance to travel	(0	0	0	
D137	I am going to	read out to you statements which	are no	egative a	about retiren	nent.	
	Please tell mobothered you		ave no	ot bother	ed you, sligh	ntly bothered	you, or
		Statement	k	1 Not bothered	2 Slightly bothered	3 Bothered	
		Not doing anything productive or useful		0	0	0	
		b. Illness or disability		0	0	0	
		c. Not having enough income to get b	ру	0	0	0	

SECTION E1: INCOME AND EXPENDITURE

O 17- RM10,000 or more

E100	Now I would like to ask you some questions about your income?
	O 1. Continue
E101	Did you receive any income for the past 30 days? For example, allowance for voluntary work, ketua kampung, imam masjid, community work that you received regularly (Including payment to be received)
	O 1.Yes GO TO E101a
	O 5.No GO TO E105_1
E101a	How much did you receive per month?
	1. Amount = RM
	2. If R do not want to tell the specific amount, then probe/estimate.
	 1. RM1 to RM199 2. RM200 to RM399 3. RM400 to RM599 4. RM600 to RM799 5. RM800 to RM999 6. RM1000 to RM1,499 7. RM1,500 to RM1,999 8. RM2,000 to RM2,499 9- RM2,500 to RM2,999 10- RM3,000 to RM 3,999 11- RM4,000 to RM4,999 12- RM5,000 to RM5,999 13- RM6,000 to RM6,999 14- RM7,000 to RM7,999 15- RM8,000 to RM8,999 16- RM9,000 to RM 9,999

E102 What type of income or payment did you receive??

- READ all the categories
- ENTER all that apply
- For multiple responses, use [space] or [-] to separate responses

	Source of Income	RM (Yearly)
	1. Pension (Government pension, armed forces, private pension)	
	2. Rental	
	3. Dividend / Insurance/ Annuity/ Dividend from shares or unit trust	
	4. Social Security Organisation (SOCSO)	
	5. Assistance from BSH	
	6. Assistance from JKM	
	7. Assistance from Zakat/ Baitulmal	
	8. Assistance from the state government/ foundation (yayasan)	
	9. Assistance from NGO/ NPO/ Others	
	 Contribution from family members, neighbours, relatives (spouse, child, siblings.) 	
	97. Other Income – Specify:	
(2. Mostly spouse 3. Jointly together 4. Son/ Daughter/ Son-in-law/ Daughter-in-law 5. Other family members or relatives 97. Other specify	
E106	What is your total monthly income after tax? (including all the income mention No income at all 1. RM 1 to RM499 2. RM500 to RM999 3. RM1,000 to RM1,999 4. RM2,000 to RM 2,999 5. RM3,000 to RM3,999 6. RM4,000 to RM4,999 7. RM5,000 to RM5,999 8. RM6,000 to RM6,999 9. RM7,000 to RM7,999 10. RM8,000 to RM8,999 11. RM9,000 to RM9,999	ed earlier) individual
	O 12. RM10,000 or more	

E107 Now, I would like to ask the average monthly expenditure for your typical household needs, excluding housing costs, and the purchase of durable goods

	Statement	Monthly(RM)
□ a.	How much do you pay for your transportation every month? This includes Petrol, Touch n' Go, public transport, parking, school van, etc.)?	
□ b.	How much do you pay for your electricity bill?	
□ c.	How much do you pay for your water bill?	
□ d.	How much do you pay for your telephone/ mobile phone/ prepaid?	
☐ e.	How much do you pay for your Indah Water?	
☐ f.	How much do you pay for your internet?	
☐ g.	How much do you pay for your ASTRO/ Netflix/ TV Box?	
☐ i.	How much do you pay for your newspapers, magazines, other reading materials, etc.?	
□ j.	How much do you pay for your household/ personal care? This includes food, groceries, eating out, takeaways, detergent, floor cleaner, garbage bags /including water dispenser installments e.g. coway, cuckoo, shampoo, soaps, toothbrush, pet food.	
☐ k.	How much do you pay for activities or contributions? (e.g. club, gym, resident association, security, maintenance, facility maintenance, etc.)?	
☐ I.	How much do you pay for childcare? This includes school/tuition fees/university, PIBG, nursery, kindergarten, school supplies, etc.	
☐ m.	How much do you pay for parental care? This includes clothes, assisted facility fees, home nurse, diapers, supplements, personal, medicine, medical fees, medical expenses?	
□ n.	How much do you pay for your healthcare?	

E107o On average, what is your total monthly expenditure?
This only includes expenditure paid by the respondent (not for the whole household)
O. No expenditure
O 1. RM 1 to RM199
O 2. RM200 to RM399
3. RM400 to RM599
O 4. RM600 to RM799
O 5. RM800 to RM999
O 6. RM1,000 to RM1,499
7. RM1,500 to RM1,999
O 8. RM2,000 to RM2,499
O 9. RM2,500 to RM2,999
O 10. RM3,000 to RM3,499
O 11. RM3,500 to RM3,999
O 12. RM4,000 or more

Type of Instalment	Total Loan Amount (with interest)	Months remaining	
a. Vehicle loan (e.g. Car, Motorcycle, Boat, etc.)			
☐ b. Personal loan			
☐ c. Business / Agri loan			
d. Investment Loan (e.g. ASB, shares, etc.)			
e. Housing/Property/Land/Shoplot loan			
 f. Household / Personal / Healthcare items (e,g, furniture, carpet, household equipment and appliances) 			
g. Education loan (e,g, PTPTN, MARA, Bank, etc.)			
h. Other loan – Specify:			
112_2 How much is the monthly payment? RM _			
113_1 Do you have any rental payment for busing		ipment or shoplot?	
		ipment or shoplot?	
113_1 Do you have any rental payment for busin 1. Yes 5. No	ness premises, business equ	ipment or shoplot?	
113_1 Do you have any rental payment for busin 1. Yes 5. No 113_2 How much is the monthly payment? RM	ness premises, business equ	ipment or shoplot?	
113_1 Do you have any rental payment for busin 1. Yes 5. No 113_2 How much is the monthly payment? RM 114 Now I would like to ask for some question	ness premises, business equ		nana
 113_1 Do you have any rental payment for busin 1. Yes 5. No 113_2 How much is the monthly payment? RM 114 Now I would like to ask for some question 114a On a scale of 1 to 5, where 1 is very diffic 	ness premises, business equ		nana
113_1 Do you have any rental payment for busin 1. Yes 5. No 113_2 How much is the monthly payment? RM 114 Now I would like to ask for some question 114a On a scale of 1 to 5, where 1 is very diffic your monthly expenditure? 1. Very difficult managing 2. Hard 3. Average	ness premises, business equ		nana
E113_1 Do you have any rental payment for busing 1. Yes 5. No E113_2 How much is the monthly payment? RM E114 Now I would like to ask for some question E114a On a scale of 1 to 5, where 1 is very difficult your monthly expenditure? 1. Very difficult managing 2. Hard 3. Average 4. Can manage OK	ness premises, business equ		nana
2113_1 Do you have any rental payment for busing 1. Yes 5. No 2113_2 How much is the monthly payment? RM 2114 Now I would like to ask for some question 2114a On a scale of 1 to 5, where 1 is very difficult your monthly expenditure? 1. Very difficult managing 2. Hard 3. Average	ness premises, business equ		nana
 113_1 Do you have any rental payment for busin 1. Yes 5. No 113_2 How much is the monthly payment? RM 114 Now I would like to ask for some question 114a On a scale of 1 to 5, where 1 is very difficyour monthly expenditure? 1. Very difficult managing 2. Hard 3. Average 4. Can manage OK 5. Can manage very well 	ness premises, business equoness on your financial behaviour. ult and 5 is can manage very	v well, to what extent can you m	
113_1 Do you have any rental payment for busin 1. Yes 5. No 113_2 How much is the monthly payment? RM 114 Now I would like to ask for some question 114a On a scale of 1 to 5, where 1 is very diffic 114your monthly expenditure? 1. Very difficult managing 2. Hard 3. Average 4. Can manage OK 5. Can manage very well 114b On a scale from 1 to 5, where 1 is very I 114b On a scale from 1 to 5, where 1 is very I 114b On a scale from 1 to 5, where 1 is very I 114c 114c 114d 114	ness premises, business equoness on your financial behaviour. ult and 5 is can manage very	v well, to what extent can you m	
113_1 Do you have any rental payment for busin	ness premises, business equoness on your financial behaviour. ult and 5 is can manage very	v well, to what extent can you m	
1. Yes 1. Yes 5. No 1. Yes 5. No 1. Yes 5. No 1. Yes 1. Yes 5. No 1. Yes 1. Yes 1. Yes 1. Yes 1. Yes 2. Hard 3. Average 4. Can manage OK 5. Can manage very well 1. Very low	ness premises, business equoness on your financial behaviour. ult and 5 is can manage very	v well, to what extent can you m	
E113_1 Do you have any rental payment for busin	ness premises, business equoness on your financial behaviour. ult and 5 is can manage very	v well, to what extent can you m	

E110 Now I would like to ask about any instalments that you may have (paid by respondent)

O 1. Continue

E114c I seek advice from family or friends when it comes to financial decision making.
 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very Often
E114d I keep track of my monthly expenses.
 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very Often
E114e I set a budget for my daily expenses.
 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very Often
E114f I set aside a portion of my monthly income as savings.
 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very Often
E114g I can survive without working for at least three months with my current savings.
 1. Never 2. Rarely 3. Sometimes 4. Often 5. Very Often

SECTION F1: SAVINGS AND ASSETS

i. Other savings – Specify: _____

Now I would like to ask you some questions about savings?	
F101a Who is the owner of the house you are staying in now? 1. Ownself 2. Spouse 3. Jointly owned with spouse/children/parents/others 4. Children 5. Parents (Inherited) 6. Other family members, relatives, others 7. Employer 8. Government (PPR, State government) 9. Landlord (Rented)	
F101b Do you pay any rental for this house? 1. Yes GO TO F102 5. No GO TO F103	
F102 If Yes, how much do you pay? RM	
F103 If No, who pays for the rental? 1. Spouse 2. Jointly owned with spouse/children/parents/others 3. Children 4. Parents (Inherited) 5. Other family members, relatives, others 6. Employer 7. Government (PPR, State government) 8. Landlord (Rented)	
F104 Do you have any savings?	
○ 1. Yes○ 5. NoGO TO F105	
F104 What type of savings do you have?	
Type of Savings a. Savings in your bank? This includes fixed deposits, current account, savings account. b. Cash in hand/ Safe box c. Tabung Haji	How much do you have? (RM)
☐ d. Unit trust/ ASNB/LTAT/ SSPN/Endowment ☐ e. EPF ☐ f. Shares	
g. Co-operative (CO-OP)	

F105 Do you own any assets? 1. Yes 5. No	
F105_1 What type of assets do you have? READ all categories ENTER all that apply For multiple responses, use [space] or [-] to see the content of the con	separate responses
F105_2 How much would you get if you could sell this [asset]?	
Asset	How much would you get if you could sell this [asset]? (RM)
a. Houses	
☐ b. Jewelry / precious metals / gold bars/ luxury items/ collectibles / antiques	
c. Vehicles (Car, motorcycle, lorry, bus, van, boat - loans fully settled)	
☐ d. Land / Agricultural land / paddy lots / ponds	
e. Other property (e.g. shops, warehouse, parking lot, etc.)	
☐ f. Shares of business that you own	
☐ g. Insurance	
h. Livestock? (e.g. cows, goats, chickens, ducks, fishponds, prawns, etc.)	
i. Other asset:	
SecEnd	
Are you done with this section? 1. Yes 5. No	

SECTION G1: SOCIAL PROTECTION

G101A		to begin the Social Pro		se indicate which	respondent will a	nswer
		ine social assistance pr is respondent will answ	-			
		s respondent will answ ner respondent will ansv		has answered CO	TO C110	
	○ 5. Oii	ier respondent will ansv	wer / the respondent	nas answered GO	10 6110	
		G102 to G109b will be the questions from G		respondent (R1)	only. R2/R3 res	pondents
	religious bodies) 1. Yes	mber of your households, agency, company-spo			-	
	⁾ 5. No					
No	G102 If yes, who receives the assistance? If this person receives multiple assistance, please state all the assistance this person receives before moving on to the next person.	Relationship to Respondent: 1. Self 2. Spouse 3. Parent/ Parent inlaw/ Adopted Parent/ Step Parent 4. Son /Stepson / Adopted son 5. Daughter / Step Daughter / Adopted daughter 6. Sibling 7. Grandchild 8. Grandparent 9. Domestic Maid 10. Other relative 11. Son-in-law 12. Daughter-in-law 97. Other – Specify:	G103 If yes, what is the name of the program/scheme?	If yes, who is the provider of the assistance? 1.Federal Government 2.State government 3.Private company 4.Religious organisation 5.NGOs 6.Individual/ others	G105 If yes, what is the type of the assistance? 1. If cash, specify amount (RM) 2. If in-kind, please specify (food, medical aids, work equipment)	G106 If yes, how frequent does this person receive the assistance? 1. One-off 2. Monthly 3. Quarterly 4. Yearly 5.Other - specify
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
G108 I	Do you need an 1. Yes 5. No		you and your family	?		

G109 If YES, what kind of assistance? Please state the type of assistance needed most.

	No	Who needs assistance?	Relationship to Respondent:	Type of assistance
		Who fields assistance:	1. Self 2. Spouse 3. Parent/ Parent in-law/ Adopted Parent/ Step Parent 4. Son /Stepson / Adopted son 5. Daughter /Step Daughter / Adopted daughter 6. Sibling 7. Grandchild 8. Grandparent 9. Domestic Maid 10. Other relative 11. Son-in-law 12. Daughter-in-law 97. Other – Specify:	Type of assistance
	1			
	2			
:	3			
	4			
	5			
G1111) 2. \) 3.) 4.) 5. Curre	ently, do you make any contri Yes	ligible ssistance available or how to apply ibution to EPF? (Contribution for sel	f or others)
G111_	7		contribution? es, use [space] or [-] to separate re	esponses
	_	Mandatory		
	_	Voluntary - Self Voluntary - i-Saraan		
F	_	Voluntary - i-Saraan Voluntary - i-Suri		
	_	Voluntary - Top-up for others		
G111_			ributing monthly? (Total contribution	by employees and employers).
	Fo	r self-employed or voluntary	contribution, based on payment cont	tributed.

G112 Do you agree if the EPF withdrawal age is increased from age 55 to 60 to align with the mandatory retirement age?	
O 1. Yes	
O 5. No	
G113 Currently, do you make any contribution to SOCSO? (Contribution for self or others)	
O 1. Yes	
O 5. No	
G113a If YES, what is the type of contribution?	
O 1. Mandatory	
O 2. Voluntary	
G114 Due to the coronavirus crisis, many families will receive Bantuan Prihatin Nasional (BPN) aid. Have you (and your spouse) received this payment?	ı
O 1. Yes	
O 2. No, I haven't received	
O 5. No, I am not entitled to receive BPN	
0445 The control is a control of the	

G115 The coronavirus pandemic and the subsequent 3-month movement restriction order (MCO) to reduce the spread of the virus has affected many aspects of families' lives and many people have needed help even if they were not actually infected. On a scale of 1 to 5, where 1 is strongly agree and 5 is strongly disagree, please state your level of agreement on how Covid-19 has impacted your work and finance, family relationship, lifestyle and mental health.

O 1. Continue

No	Statement	1 Strongly agree	2 Agree	3 Neutral	4 Disagree	5 Strongly Disagree	6 Not Applicable
G115a	I felt lonely during the MCO.						
G115b	The MCO has strained my relationship with my family.						
G115c	The MCO has brought me closer to my family.						
G115d	Not being able to physically meet my family members made me feel sad.						
G115e	I felt anxious and stressed living in a confined space.						
G115f	I felt sad for not being able to participate in social/religious activities.						
G115g	I am worried about my health and the health of my family members.						
G115h	I kept myself updated with the current news and development related to the pandemic.						
G115i	The MCO caused reduction in my income from formal work.						
G115j	The MCO reduced my income generated from my business.						
G115k	I had to find new employment due to COVID-19.						

No	Statement	1 Strongly agree	2 Agree	3 Neutral	4 Disagree	5 Strongly Disagree	6 Not Applicable
G115I	I had to change work days/work hours.						
G115m	I had difficulty in having access to food, medication and essential services (Hand sanitizer, mask and glove).						
G115n	The MCO increased my spending.						
G1150	I am very much affected financially by this pandemic.						

Sec End Are you done with this section?

\bigcirc	1.	Yes
\bigcirc	5.	No

SECTION H1: PHYSICAL MEASUREMENT

BLOOD PRESSURE

_	Next, I would like to measure your blo	ood pressure using a digital n	nonitor.
	First, I will place the cuff on your left I will ask you to:	arm approximately one half i	nch above the elbow.
•	Sit comfortably with your feet flat o Lay your arm on a flat surface with The centre of your upper arm place Take a deep breath and refrain fron	your palm facing up ed at the same height as yo	ur heart
	Il then press the Start button. The completing the measurement.	uff will inflate and deflate. I	will give you the result afte
	Il repeat the BP Readings For 3 times. ne interval for each test about 1 min)		
Do you	understand my explanation and feel sa	afe to continue with this test?	
•	Now let's start the measure. Press START/STOP button and recommendation. 1. Continue	ord measurement.	
	C125_4 Systolic (SBP) reading 1. 2. 3.	C125_5 Diastolic (DBP) reading	C125_6 Pulse reading
C126	Waist Circumference, Hip Circumf	ht, waist circumference, hip c	ircumference and weight. Car
	Now I would like to measure your height measurement. FIND a suitable space to condous ASK for permission to place the ASK R to remove his or her suitable space. ASK R to remove his or her suitable space to condous ASK R to remove his or her suitable. ASK R to stand up with their human PLACE the masking tape between the putting the putting that the triangle ruler on top of the masking tape. MARK R's height on the tape. ASK R to move away from the suitable and the measurement of the putting that the measurement of the putting that the perform the suitable and the putting that the putting tha	of: duct the measurement. the masking tape on the wall. thoes. theels and shoulders against the thind R's head. the R's head and parallel again. the wall. the yellow retractable tape. to the masking tape. trail.	the wall.

C126c Next, I am going to ask you to perform a simple measurement of your waist and hip circumference.

For your waist measurement, I will ask you to:

- Place the measuring tape around your waist in the standing position.
- Holding the tape securely at the level of your belly button
- Inhale and slowly exhale, holding your breath at the end of the exhale.
- You should hold the tape measure in place and the tape should be snug but not tight.
- I will ask you to hand over the tape while still pinching the tape at the appropriate place.

Now let's take your waist measurement.

- o ENSURE R follows all the instructions given.
- ENSURE that the tape is in correct position
- ENTER the record to the nearest 0.1 cm.

147 : 4 0: 4	
Waist Circumference =	cm
Waist Circuitierence –	CIII

C126d Next, repeat the same procedures for measuring your hip circumference at the widest part of your hip.

- ENSURE R follows all the instructions given
- ENSURE that the tape is in correct position
- ENTER the record to the nearest 0.1 cm.

Hip Circum	ference =		cm
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C126b Now I would like to measure your weight.

- PLACE the weight scale on a flat surface.
- ASK R to stand straight on the scale without shoe
- ENTER the record to the nearest 0.1 kg

Weight:	kg

Hand Grip Strength

C124_1 Now, I would like to measure your hand grip strength. This test will measure the strength of both hands.

Before I explain the procedure, may I know which is your dominant hand?

\bigcirc	1.	Right
\bigcirc	5.	Left

C124_2 Using your [dominant hand], when I say start, squeeze this handle as hard as you can just a couple of seconds, and then let go.

- STAND holding the dynamometer with the display screen facing outward.
- HOLD your forearm parallel to the floor
- SQUEEZE the handle for a few seconds.

Do you understand my explanation and feel safe to continue with this test?

\bigcirc	1.	Yes
\bigcirc	5.	No

say sta	lease hold the device with your [Dominant hand] and squeeze as hard as you can when I art. ENSURE the respondent's hand is at the correct position. ENSURE the respondent has removed all jewelries on his/her hand. ENTER the score rounded to the nearest 0.1 kg. Make sure the reading in KG not in lbs.
Hand:	kg
C124_4 Now h • • •	
Hand:	kg
Sec End Are yo	ou done with this section??
O 1. Yes O 5. No	

End-Interview Section

O 1. Temubual Selesai

TQ1
This concludes the interview. Thank you again for your time and participation in this study.
As a form of our gratitude for your participation, you will receive RM80.00. I would like to ask you to sign a form as proof of receipt. Thank you.
O 1. Continue
TQ2
As part of our quality control procedures, someone from the Social Wellbeing Research Centre (SWRC), University of Malaya may contact you to ask a few questions about this interview and to answer any questions you may have about the interview process.
O 1. Continue
TQ3
As I have mentioned earlier, this study will be conducted every two years.
Would you be willing to participate in this study again?
○ 1. Yes○ 5. No
TQ4
Would you be willing to receive any communication from us in the future?
○ 1. Yes○ 5. No
TQ5_1
What form of communication would you prefer? 1. Mobile Phone 2. Home Telephone 3. Letters 4. Text Message 5. Email 6. Face to face 97. Other Specify:
RIW Complete
Interviewer checkpoint • You have reached the end of the interview.